

# 2024 Esport National Club Series



# OVERVIEW

AusCycling & Zwift will be conducting a six (6) round National ESports Series.

This series is open to AusCycling affiliated clubs only.

These events are open to riders aged 17+ who will be able to score points for their club.

All events in the Series will be conducted in accordance with the AusCycling General and Esport Technical Regulations.

# EVENT SCHEDULE

## National Champion Jersey Regulations

(FAL – First Across the Line, FTS – Fastest Timed Segment)

Round 1 - 7.30pm AEST Thursday 18th April	<u><a href="#">Downtown Titans, Watopia (1 lap)</a></u> <u><a href="#">Points FTS climbs x 2, FAL sprints x 1</a></u>
Round 2 - 7.30pm AEST Thursday 2nd May	<u><a href="#">Climber's Gamit (1 Lap)</a></u> <u><a href="#">Points FTS climbs x 2, FAL sprint x 1</a></u>
Round 3 - 7.30pm AEST Thursday 16th May	<u><a href="#">Glasgow Crit Circuit, Scotland (8 Laps)</a></u> <u><a href="#">Points FTS climb x 8, FAL sprint x 8</a></u>
Round 4 7.30pm AEST Thursday 4th July	<u><a href="#">The Muckle Yin, Scotland</a></u> <u><a href="#">Points FTS climbs x 2, FAL sprints x 4</a></u>
Round 5 7.30pm AEST Thursday 18th July	<u><a href="#">Island Outskirts, Makauri Islands (2 Laps)</a></u> <u><a href="#">Points FAL sprints x 4</a></u>
Round 6 7.30pm AEST Thursday 1st August	<u><a href="#">Innsbruckring, Innsbruck (3 Laps)</a></u> <u><a href="#">Points FTS climb x 3, FAL sprint x 3</a></u>

# ELIGIBLE PARTICIPANTS

Club Teams can register for the competition by completing the Club Team Roster form.

Download the Club Team Roster (registration) form [HERE](#) and email completed form to [adam.power@auscycling.org.au](mailto:adam.power@auscycling.org.au).

The Club Team Roster Forms for Round 1 must be emailed to [AusCycling](#) by 5pm Wednesday 17<sup>th</sup> April.

Additional riders after Round 1 must be added to the Team Roster form and provided to [AusCycling](#) by 5pm the day prior to each round.

The following individuals can participate:

- All riders must be aged 17+. There will be no exemptions to this.
- Riders will be required to hold a current AusCycling Lifestyle or Race – All Discipline or Off-Road membership.
- **All riders MUST be a financial member of the IRL (in real life) club (primary or secondary) they are registered to for the series.**



# THE COMPETITION AND CATEGORIES

Participants will be required to enter the Series events via Zwift. Each round will be a private event (only registered riders will be able to enter the events). All riders registered with their Club Team will be sent the event link on the day of each event.

## CATEGORIES:

There are four grades: A, B, C, D (Para Cyclists to enter ZwiftPower allocated category). Men and Women’s races will be conducted concurrently.

Riders will be able enter their correct grade based on your FTP (Functional Threshold Power) and weight, shown as watts per kilogram, as follows:

<u>MEN:</u>		<u>WOMEN:</u>	
<b>A</b>	4.00 – 6.00 W/KG	<b>A</b>	3.70 – 6.00 W/KG
<b>B</b>	3.20 – 3.99 W/KG	<b>B</b>	3.20 – 3.69 W/KG
<b>C</b>	2.50 – 3.19 W/KG	<b>C</b>	2.50 – 3.19 W/KG
<b>D</b>	1.00 – 2.49 W/KG	<b>D</b>	1.00 – 2.49 W/KG

**IMPORTANT NOTE:** Para-cycling riders will be able to enter their ZwiftPower allocated Category, however an additional set of results will be provided according to AC Para Classification and race time for each round.

## CATEGORY ADMINISTRATION:

Category Administration will be in place for the entire series.

Any riders who enter more than one (1) category higher than their ZwiftPower allocated category will be removed from the results for that round.

## IN GAME KIT:

Riders can select any kit they would like to participate in the event. However, we recommend that each club determine an ‘in - game kit’ for their members.

# CLASSIFICATION

The following points will be awarded for each grade in each Series race.

## SERIES POINTS TABLE

1st	2nd	3rd	4th	5th	6th	7th	8th	9th	10th
30	29	28	27	26	25	24	23	22	21
11th	12th	13th	14th	15th	16th	17th	18th	19th	20th
20	19	18	17	16	15	14	13	12	11
21st	22nd	23rd	24th	25th	26th	27th	28th	29th	30th
10	9	8	7	6	5	4	3	2	1



NOTE: The winner of each category will be the rider with the most points (Primes) for the round. Points (Primes) are accumulated by finishing position points (30-1) plus bonus points (see below) for the round.

### TEAM RESULTS & POINTS:

Points will be automatically calculated in ZwiftPower. This makes it *imperative* that you've made your AusCycling club your Primary Team.

Instructions on how to do this are as follows:

- 1) Go to your Teams page in ZwiftPower: <https://zwiftpower.com/team.php?>
- 2) Click the blue button that says 'Make <Club Name> my Primary Team'

If you need to join your club team then:

- 1) Search for your team in the search box here: <https://zwiftpower.com/team.php?>
- 2) Click the Team Name hyperlink
- 3) Click the green 'Join <Team name>' button in the top right-hand corner

\*You can have multiple teams assigned to your profile, just make sure that you have made your AusCycling club your Primary Team prior to the series starting

If you don't have your club in ZwiftPower yet, then please click the following link to create your club: <https://zwiftpower.com/team.php?>

### IMPORTANT NOTES:

- **Do not amend your Primary Club during the series. This will ensure your Club points remain within your club.**
- **If you have NOT updated your Primary Team, you will NOT accumulate points for your Club. Points will NOT be allocated retrospectively.**
- **Bonus Points increase the admin and processing subsequent to each race. Full results that include all bonus points will not be available immediately.**

### BONUS POINTS:

Every sprint segment will have FAL bonus points and every climb segment will have FTS bonus points, giving the opportunity for anyone to bolster their points at sprint and KQOM arches.

- Fastest Timed Segment (FTS) points - 10 deep allocated as 20pts,18,16,14,12,10,8,6,4,2
- First Across the Line (FAL) points - 10 deep allocated as 20pts,18,16,14,12,10,8,6,4,2

ALL riders who complete the distance of each race will also receive 1 point.

### TIES:

All ties will be broken in the following manner:

- o Most Wins by a Club
- o If still tied, then number of top 5 results by a Club
- o If still tied then there will be two winners/leaders.

Club points will be an accumulation of all points scored by members based on their club.



# RIDER SUTUP AND HARDWARE

- Each club must setup a **ZwiftPower Club** (<https://zwiftpower.com/team.php?>)
- All riders **MUST** be registered to **ZwiftPower** ([Register here](#)) and sync Zwift account with ZwiftPower ([How to](#))
- All riders must have their club selected as their registered team to score points. Failure to do this, will result in the club NOT receiving series points.
- Place your club's acronym (Zwift Power Club Code) in brackets AFTER your surname in your Zwift profile.
- Clubs must register if they would like to score points.

# EQUIPMENT

Riders must have the following equipment during the event paired:

- Smart Trainer or Power Meter (difficulty will be enforced at 100%)
- Heart Rate Monitor (**Grades A and B ONLY**)

In game settings:

- No steering / braking
- Standardised bikes & wheels
- TT bikes disabled
- Drafting will be turned ON

# INTEGRITY

## Integrity Measures

One (1) rider who finishes in the top 3 in each category (Men and Women A-D) in the National Club Cycling Esports Series will be chosen randomly and required to complete a post-race weigh in.

They will be sent a text message letting them know of their weigh-in obligation along with an instructional email outlining the following process.

1. Take a short weigh-in video. Video **MUST** contain:
  - Footage of yourself stating your name and club (this can be done by yourself in a mirror, or by another person).
  - Provide confirmation of date (footage of a newspaper, another phone or tablet that displays the time and date, basically anything that can't be disputed).
  - Weighing of yourself on a set of scales with resultant weight clearly shown.

NOTE: Please try to keep the video as short as possible to reduce the file size for email. So, make sure you have everything ready to go before you start filming.
2. Reply to the email sent from an AusCycling representative with the video file attached (we will reply to let you know it has been received).

This process **MUST** be completed **within 30 minutes of receiving your text message post-race.**



## **Failure to complete the above process will result in DISQUALIFICATION.**

If there are any issues with completing the process or emailing the video (if you receive an email return message), please email [adam.power@auscycling.org.au](mailto:adam.power@auscycling.org.au) as soon as possible and we'll assist any way we can.

Random riders may be required to weigh in with a video call within 15 minutes of the race finishing. A text message letting the riders know they will be required to perform a weigh-in will be sent initially, so riders must have their phone available for a video call via FaceTime or WhatsApp. Any rider who does not answer after 2 calls may be disqualified.

AusCycling has also partnered with ZADA to undertake any random testing including:

- Use of ineligible IRL equipment
- Miscalibrated trainer
- Config changes during race

### **Anti-Doping**

Anti-Doping Testing may be conducted at any round of the event. Sport Integrity Australia may come to your location if they are testing.

### **Therapeutic Use Exemption (TUE)**

A TUE is an exemption that allows an athlete to use, for therapeutic purposes only, an otherwise prohibited substance or method (of administering a substance). TUE approval may protect athletes from receiving a sanction if a prohibited substance is found in their sample.

If you are currently taking any medication, please check whether this substance is banned in or out of competition via [www.globaldro.com/AU/search](http://www.globaldro.com/AU/search)

Further information on the TUE process can be found on the Sport Integrity Australia (SIA) website <https://www.sportintegrity.gov.au/resources/therapeutic-use-exemption> or by calling 1300 027 23

### **Sport Integrity Australia App**

Any athlete and official can download the SIA app. The SIA App has been designed with athletes in mind.

The App gives a complete list of all supplements sold in Australia that have been screened for prohibited substances by an independent laboratory. The testing and certification of sports supplements cannot provide athletes a 100% safety guarantee but does significantly lower the risk of a positive test. For non-tested supplements the App gives athletes access to a quiz to assess the risk posed by highlighting key risk factors.

The App can also be used to report doping, check if a medication is banned in sport, give SIA feedback on testing missions, and complete online education modules.

## **CONTACT DETAILS**

AusCycling

Adam Power

[adam.power@auscycling.org.au](mailto:adam.power@auscycling.org.au)

Zwift

[support@zwift.com](mailto:support@zwift.com)

### **SOCIAL MEDIA**

Website

[auscycling.org.au](http://auscycling.org.au)

Facebook

[@AusCyclingAus](https://www.facebook.com/AusCyclingAus)

[@gozwiftausnz](https://www.facebook.com/gozwiftausnz)

Instagram

[@AusCyclingAus/](https://www.instagram.com/AusCyclingAus)

[@gozwiftausnz](https://www.instagram.com/gozwiftausnz)

Twitter

[@AusCyclingAus](https://www.twitter.com/AusCyclingAus)

[@gozwiftausnz](https://www.twitter.com/gozwiftausnz)

Hashtag

#ACZwiftSeries