



AUSCYCLING

Summary of Track Regulations Updates
2023

This is not the full list of changes that can be found in the Technical Regulations, more a summary of what to be aware of at any track event.

- Full Regulation changes can be found under UCI Regulations – Part 1, Chapter 3 | Equipment [1-GEN-20230101-E.pdf \(ctfassets.net\)](#)
- These should be read in conjunction with the Clarification Guide (Version 26.01.2023)
- [Guide de clarification du règlement technique \(ctfassets.net\)](#)
- Additionally we have been informed by the UCI of some other changes that although are not in the regulations will be enforced (this by way of the Federation Newsletter) and is included in the AusCycling Regulations.



Numbers

1. Number Pockets

For 2023 clear number pockets are only permitted in timed events (this does not include the Flying 200 as it's part of the Sprint competition).

For untimed events numbers must be placed on the outer layer of clothing.

Individual & Team Pursuit	Yes
Time Trial	Yes
Team Sprint	Yes
Sprint inc Fly 200	No
Keirin	No
Points Race	No
Scratch Race	No
Elimination	No
Madison	No



Equipment

2. 3:1 Ratio no longer applies to any components.

- Handlebars now have a maximum dimension of 80mm and a minimum dimension of 10mm

3. Bar End Plugs.

- handlebar end plugs must serve no other purpose i.e be shaped or have an extension for finger or hand support

NOT ALLOWED



Equipment

4. Handlebars/Basebars

- Basebars now have a minimum width of 350mm, measured from outside to outside at the widest point
- Handlebars Maximum width of 500mm is measured from outside to outside again at the widest point.



Equipment

5. Handlebar to front axle

- Handlebars are now permitted to be up to 100mm in front of the axle. The lowest point they can be is 100mm below the top of the tyre
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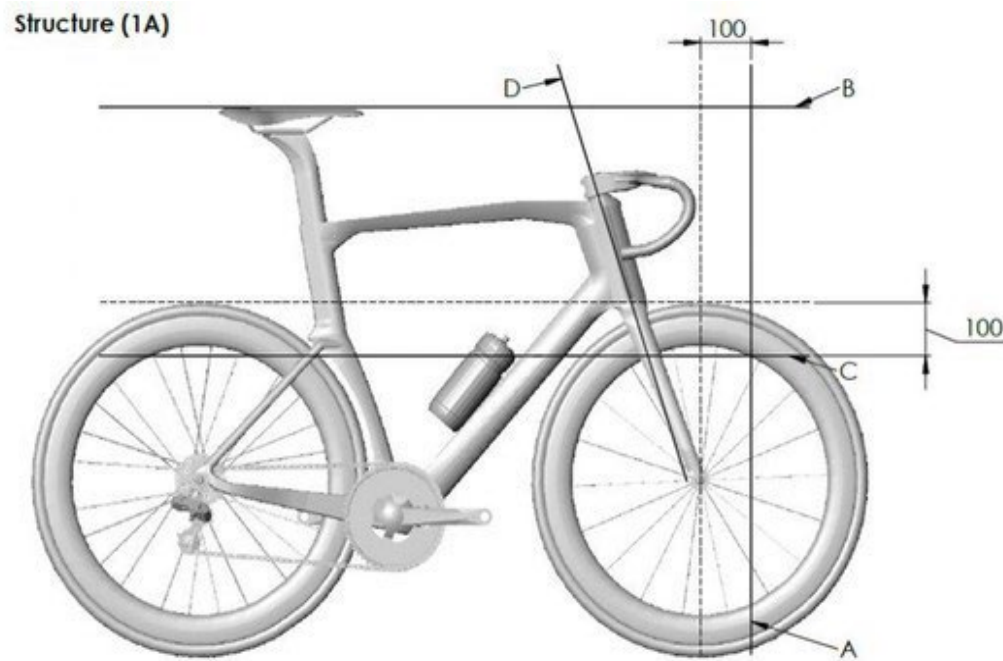


Figure 32: Illustration of the box, marked out by lines A, B, C and D, within which the handlebars must be fully contained.



Riders Height – Individual Pursuit, Team Pursuit & Time Trial

Riders less than 180cm tall (Category 1)

- For riders less than 180.0 cm tall, the horizontal distance between the vertical planes passing through the bottom bracket axle and the extremity of the fixed time trial extension handlebar, including all accessories, may be a maximum of 800 mm when the saddle is 50mm or more behind the bottom bracket. The height difference between the midpoint of the forearm support and the highest or lowest point of the extension (including accessory) must be less than 100 mm. When the saddle is less than 50mm behind the bottom bracket the maximum is 750mm

Riders between 180cm and 189.9cm tall (Category 2)

- For riders between 180.0 cm and 189.9 cm tall, the horizontal distance between the vertical planes passing through the bottom bracket axle and the extremity of the fixed time trial extension handlebar, including all accessories, may be a maximum of 830 mm. The height difference between the midpoint of the forearm support and the highest or lowest point of the extension (including accessory) must be less than 120 mm.

Riders 190cm + tall (Category 3)

- For riders 190.0 cm and taller, the horizontal distance between the vertical lines planes passing through the bottom bracket axle and the extremity of the fixed time trial extension handlebar, including all accessories, may be extended to a maximum of 850 mm. The height difference between the midpoint of the forearm support and the highest or lowest point of the extension (including accessory) must be less than 140 mm.



Riders Height

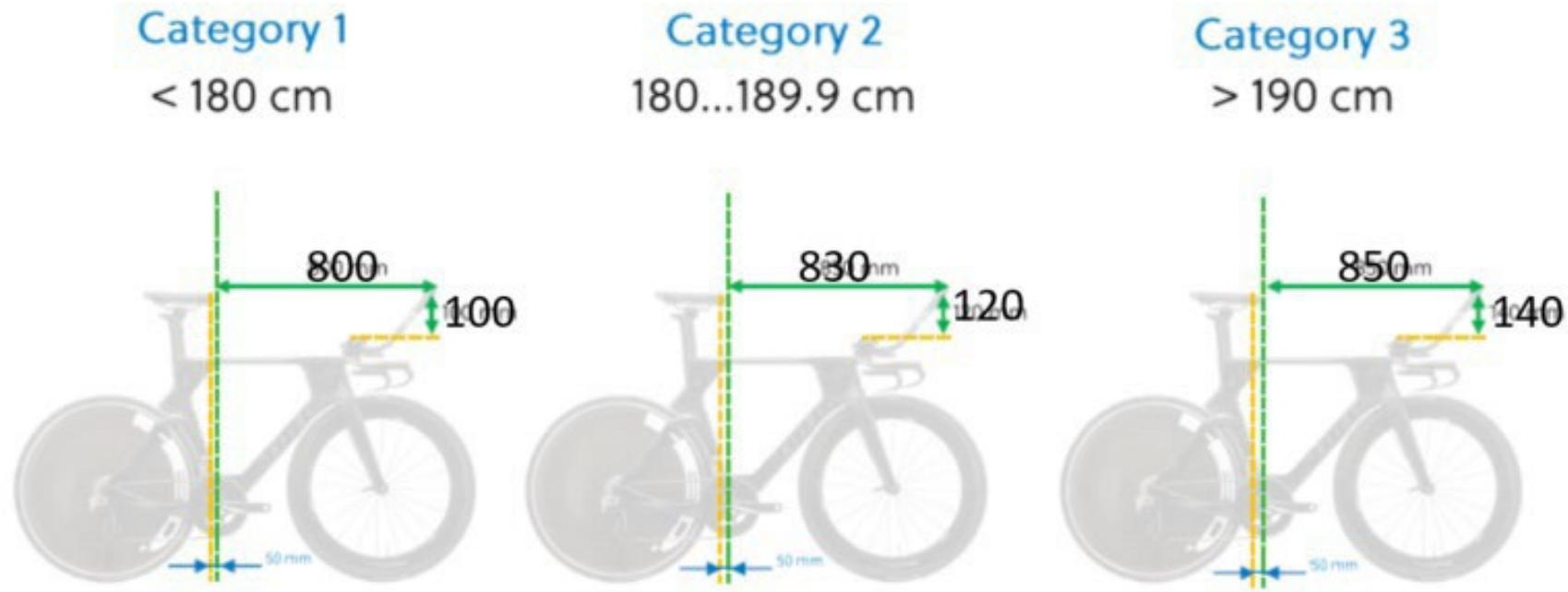
- Junior 19 and Elite Riders in Category 3 must submit a rider height attestation application form, signed by a Doctor to the UCI.
- email: materiel@uci.ch and cc track@auscycling.org.au.
- Junior Under 17 and Masters riders email track@auscycling.org.au
- Once the form has been submitted you will be added to the list issued on UCI (Elite & Junior 19 only) and AusCycling Websites.
- Without the submission of the Height attestation form, no exemption will be issued and the standard regulations will apply

The base regulation has not changed:

- a. The tip of the saddle should be at least 50mm behind the centre of the Bottom Bracket.
 - b. The tip of the extension should be no more than 750mm forward of the centre of the Bottom Bracket.
 - c. The height difference from the centre of the forearm support and the tip of the extension should be no more than 100mm.
- Riders wishing to use a position outside of the dimensions of points a or b are permitted one exemption.



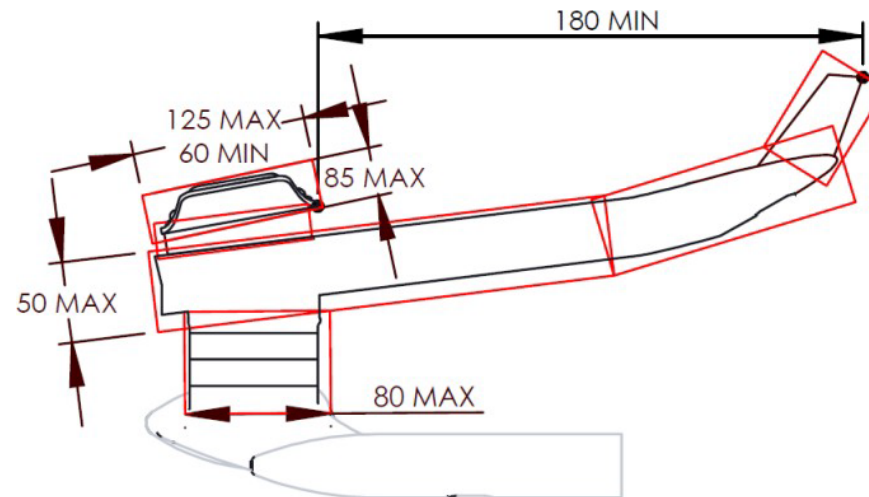
Riders Height



Equipment

Forearm supports must be made up of two parts (one part for each forearm) and are only allowed when extensions are added.

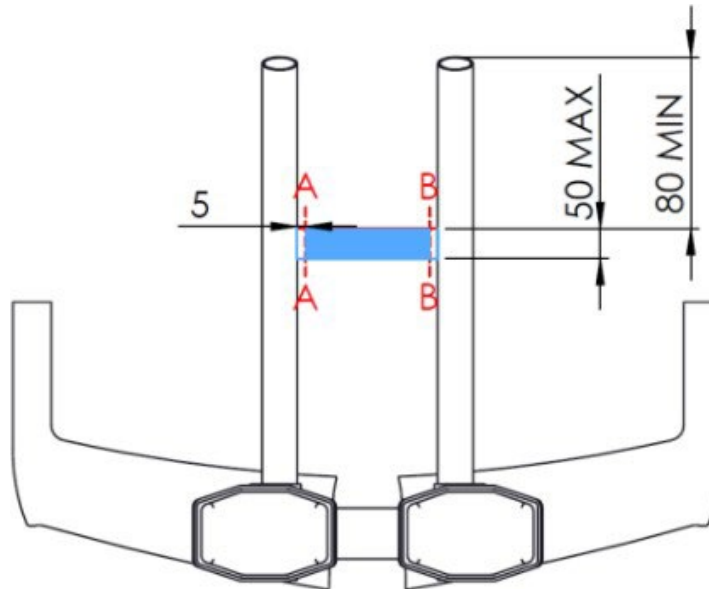
- The maximum width and length of each forearm support is 125mm
- The minimum length of each forearm support is 60mm
- The maximum height of each forearm support is 85mm
- The maximum inclination of each forearm support is 30 degrees (measured on support surface)
- The minimum distance from the leading end of the forearm support to the tip of extensions is 180mm



Equipment

- Any binding element (bridge) between the fixed additional time trial extension handlebar, forearm supports is considered as the continuation of the fixed additional time trial extension handlebar. Therefore, the maximum dimension of the cross section of the binding element must be 50 mm.

Any binding element between stack/raisers spacers must follow the identical restrictions. The binding element must be positioned at the horizontal distance equal to 80 mm or greater, from the vertical plane passing through the extremity of the handlebars extensions



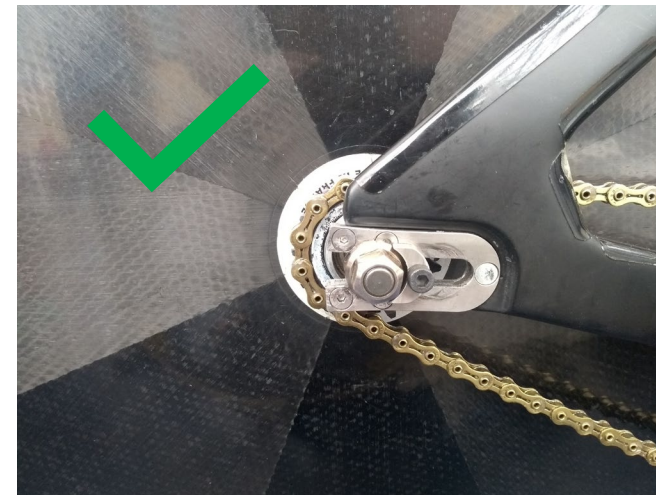
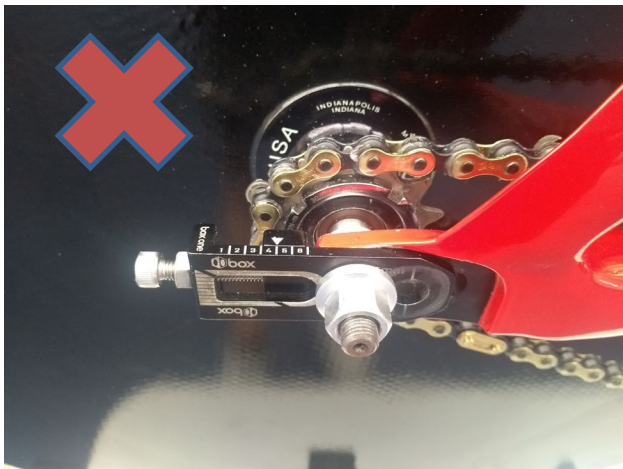
Equipment

8. Driveline

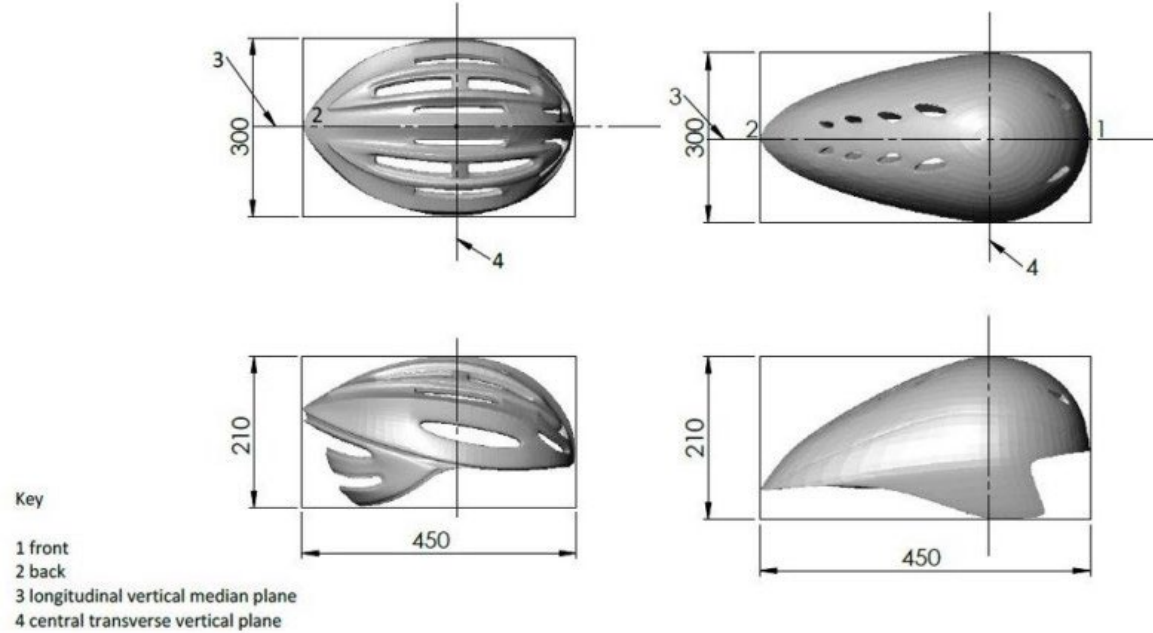
On the track, the transmission exclusively must consist of three distinct elements:

- a chain
- a chainring
- a sprocket

No additional elements are authorized (**the chain tensioner**, a derailleur, etc.). For safety reasons and in line with this constraint, chainrings and sprockets must be of a circular shape.



Helmets



For road and track disciplines, the dimensions of the helmet (including accessories) must not exceed the above dimensions:

- a. Length (L) can be less or equal to 450 mm ;
- b. Width (W) can be less or equal to 300 mm ;
- c. Height (H) can be less or equal to 210 mm ;

