



Technical Guide
CORC Stromlo UCI MTB 20-22 January 2023

Version	Date	Description	Author
11	17 Mar 22		Russ Baker

1 Welcome/Introduction

This Technical Guide is for the information of participants competing in the CORC Stromlo UCI XCO MTB Events 20-22 January 2023.

2 Event Details

2.1 Event Description

Canberra Off-Road Cyclists (CORC) is hosting the CORC Stromlo Mountain Bike Festival 20-22 January 2023. This will be a UCI C2 / JWS event and therefore will be conducted under the guidance of the UCI and AusCycling Technical Regulations.

2.2 Event Location

Event Address: Stromlo Forest Park, Canberra, ACT

Venue Details: Stromlo Mountain Bike Trail Network

Registration/Event Sign-on:

Event registrations will be onsite at the event village. Registrations will be open at the following times:

Friday	1200-1700
Saturday	0700 onwards (closing 1 hour prior to each wave start)
Sunday	0700 onwards (closing 1 hour prior to each wave start)

2.3 Event Start and Finish Times

Competition will be held on Saturday and Sunday as per the event schedule.

Official Practice will be held on Friday as per the event schedule.

The full event schedule can be found in Appendix A.

2.4 Key Contacts

The event will be delivered by Canberra Off-Road Cyclists (CORC).

The contact details are as follows:

Name	Position/Title	Phone	Email
Russ Baker	Club Contact	0408 407 946	bakersmtb@mac.com
Russ Baker	Event Manager	0408 407 946	bakersmtb@mac.com
Jeff Hughes	Race Director	0427 885 112	maxamy@bigpond.com
Tara Sutherland	Course Manager	0406 295 432	Tara.Sutherland@csiro.au

Volunteers will be assigned roles and responsibilities to facilitate the planning and running of the event.

2.5 Social Media

Website: <https://corc.asn.au/>

Facebook: <https://www.facebook.com/CORC.social>

Course Location & Maps

A 5 km course located to the southwest of the 4X Hill in Stromlo Forest Park, using established world-level trails.

Course maps can be found in Appendix B.

2.6 Facilities

2.6.1 Toilets

Blue Gums (toilets only) and Stromlo Pavilion (Toilets, Showers, Water)

2.6.2 Food vendors

Handlebar

2.6.3 Water

Stromlo Pavilion

2.6.4 Sunscreen

Registration Tent

2.6.5 Spectator viewing areas

All parts of the course are accessible using Stromlo Fire Roads.

3 Competitor Information

3.1 Technical Regulations

The event will be conducted under the guidance of the [AusCycling Technical Regulations](#) both General and Mountain Bike specific.

3.2 Competitor Responsibilities

Participants shall:

- Obey instructions from the Event Organisers, Commissaires and event marshals/officials.
- Employ correct etiquette and ride safely in all situations.
- Be required to wear minimum safety gear including appropriately approved helmet.
- Ensure that their bicycle is in good working order.
- Ensure they have adequate supply of water, sports drink and nutrition as required for the activity they are to participate in.
- Be responsible for ensuring they are fit enough for the activity.

3.3 Participant Details

UCI or AusCycling Licence as appropriate to each race. 155 riders Saturday and 144 Sunday. No Category limits.

3.4 Entry Process

Entry via the Entry Boss system, set up by CORC.

3.5 On the day entries will also be taken during the operating hours of the on-site Registration Office by club volunteers. The operation hours of registration are outlined in the Event Schedule (See Appendix C). The Registration Tent in the event village will also be utilised for the distribution of race plates. National Cup Categories

Age Category^	Code	Age	XCO National Series
Elite Men/Women	ME/WE	19>	X
Expert Men/Women	MX/WX	19-29	X
Junior Men/Women (U19)	MJ/WJ	17-18	X
Under 17 Men/Women	M17/W17	15-16	X
Under 15 Men/Women	M15/W15	13-14	X
Under 13 Men/Women (Saturday Only)	M13/W13	11-12	
Masters 1 Men/Women	M1/W1	30-34	X
Masters 2 Men/Women	M2/W2	35-39	X
Masters 3 Men/Women	M3/W3	40-44	X
Masters 4 Men/Women	M4/W4	45-49	X
Masters 5 Men/Women	M5/W5	50-54	X
Masters 6 Men/Women	M6/W6	55-59	X
Masters 7 Men/Women	M7/W7	60-64	X
Masters 8 Men/Women	M8/W8	65-69	X
Masters 9 Men/Women	M9/W9	70-74	X
Masters 10 Men/Women	M10/W10	75-79	X

3.6 UCI Event Class

C2 (Saturday and Sunday)

3.7 Prize Money/Prizes

To UCI Requirements for Elite and U19. Medals for all categories.

3.8 Presentations

Presentation ceremonies will take place at the event village as per the race schedule.

All riders who finish 1st to 5th in elite and U19 or 1st to 3rd in all other categories must be present at the presentation.

3.9 First Aid/Medical Services

Professional medical services will be provided by Get First Aid. They will be onsite from village opening to village close.

There nearest hospitals are:

Canberra Hospital.

3.10 Race Results

The event will be timed, recorded, displayed and publicised by CORC Live results are available by following the QR code displayed in the village and on the rider plates.

3.11 Anti-Doping Testing

3.11.1 Therapeutic Use Exemption

All competitors may be subject to anti-doping testing under AusCycling and Sport Integrity Australia regulations.

Therapeutic Use Exemption (TUE) A TUE is an exemption that allows an athlete to use, for therapeutic purposes only, an otherwise prohibited substance or method (of administering a substance). TUE approval may protect athletes from receiving a sanction if a prohibited substance is found in their sample. Who needs to complete a TUE in-advance for Cycling?

Athletes who are:

- Competing in the Elite and U23 categories
- A member of the Registered Testing Pool, National Testing Pool or Domestic Testing Pool
- A member of a national open team/squad including athletes with a disability planning to compete at the Elite National Championships If you are currently taking any medication, please check whether this substance is banned in or out of competition via www.globaldro.com/AU/search Further information on the TUE process can be found on the Sport Integrity Australia (SIA) website <https://www.sportintegrity.gov.au/resources/therapeutic-use-exemption> or by calling 1300 027 23

3.11.2 Sport Integrity Australia App

Any athlete and official can download the SIA app.

The SIA App has been designed with athletes in mind. The App gives a complete list of all supplements sold in Australia that have been screened for prohibited substances by an independent laboratory. The testing and certification of sports supplements cannot provide athletes a 100% safety guarantee but does significantly lower the risk of a positive test. For non-tested supplements the App gives athletes access to a quiz to assess the risk posed by highlighting key risk factors. The App can also be used to report doping, check if a medication is banned in sport, give SIA feedback on testing missions, and complete online education modules.

4 Appendix A – Event Schedule

CORC Stromlo MTB UCI Classic 20 - 22 January 2023 [note 1]

Friday 20 January Practice and Course Marking	
0700	Course Safety Check
0800	Venue Opens for setup
0830	Course open for Unofficial Practice
1200	Registration Opens
1230	Official Practice Commences
1700	Official Practice Concludes
1700	Registration Closes

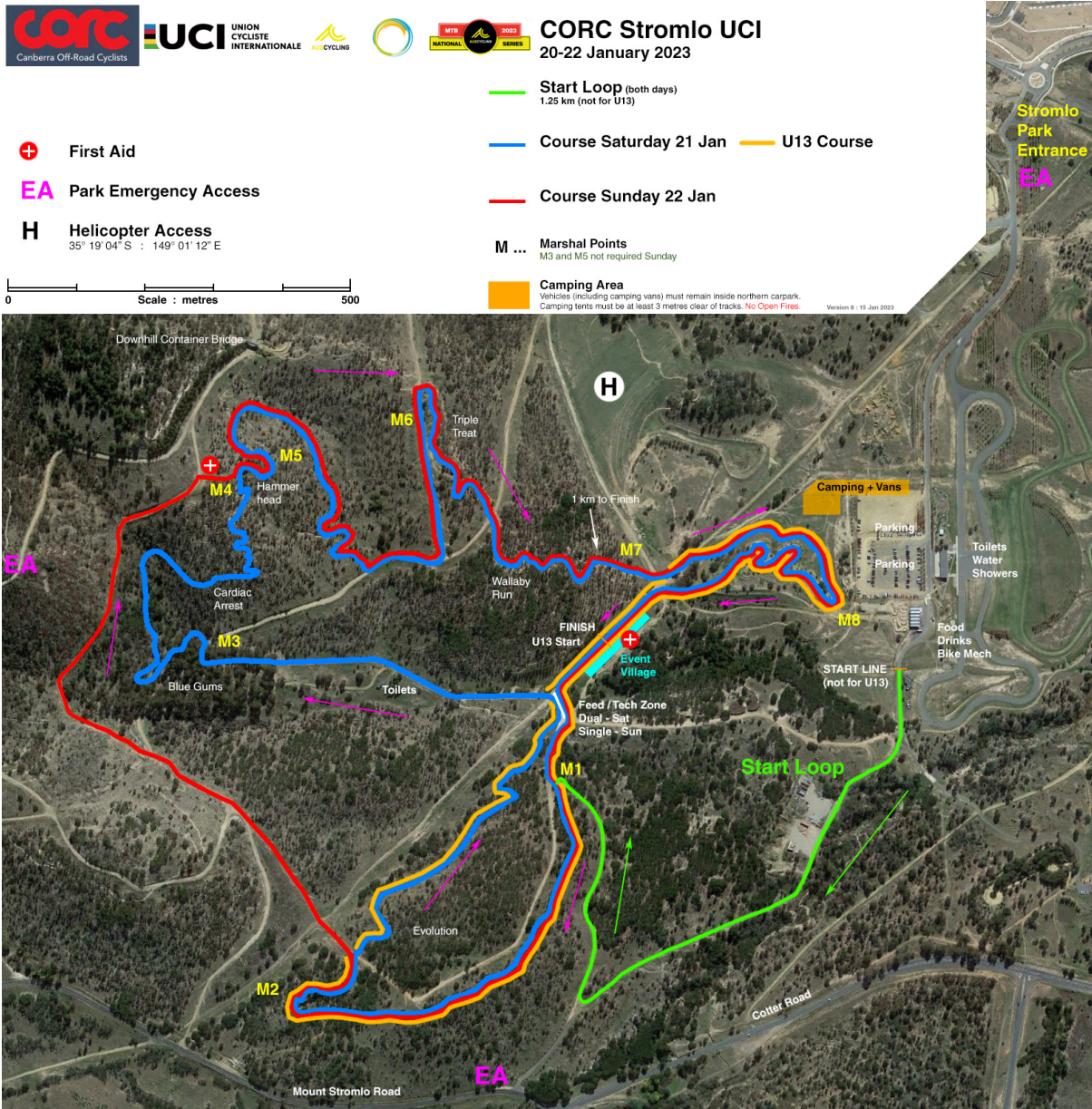
Saturday 21 January CORC Stromlo MTB Classic (UCI C2 & JWS)	
0700	Course Safety Check
0700	Registration Opens (Registration for each start group closes 1hr before start time)
0730	Saturday Course Open for Practice
0815	Practice Concludes
0820	Race Callup : All briefings and callups are down at the crit track start line (except U13).
0830	Race 1 Start <small>[note 2]</small>
	Wave 1 U17 Men
	Wave 2 Masters 3_4 Men, U15 Men
	Wave 3 Master 5_6_7+ Men
0945	Race 1 Concludes
1020	Race Callup : All briefings and callups are down at the crit track start line (except U13).
1030	Race 2 Start <small>[note 2]</small> All Women
	Wave 1 Elite Women
	Wave 2 U19 Women
	Wave 3 U17 Women, Master 1_2_3_4 Women, Expert Women
	Wave 4 U15 Women, Master 5_6_7+ Women
1215	Race 2 Concludes
1220	Race Callup : All briefings and callups are down at the crit track start line (except U13).
1230	Race 3 Start <small>[note 2]</small>
	Wave 1 Elite Men
	Wave 2 U19 Men
	Wave 3 Master 1_2 Men, Expert Men
1415	Race 3 Concludes
1420	Race Callup : at event finish line area
1430	Race 4 Start <small>[note 2]</small>
	Wave 1 U13 (combined Men and Women)
1500	Race 4 Concludes
1500	Day 1 Presentations
1530	Sunday Course Open for Unofficial Practice (note shuttles and recreational riders on mountain)
1700	Event Village Closes

Sunday 22 January CORC Stromlo MTB Classic (UCI C2 & JWS)	
0700	Course Safety Check
0700	Registration Opens (Registration for each start group closes 1hr before start time)
0730	Sunday Course Open for Practice
0815	Practice Concludes
0820	Race Callup : All briefings and callups are down at the crit track start line.
0830	Race 1 Start <small>[note 2]</small>
	Wave 1 U17 Men
	Wave 2 Masters 3_4 Men, U15 Men
	Wave 3 Master 5_6_7+ Men
0945	Race 1 Concludes
1020	Race Callup : All briefings and callups are down at the crit track start line.
1030	Race 2 Start <small>[note 2]</small> All Women
	Wave 1 Elite Women
	Wave 2 U19 Women
	Wave 3 U17 Women, Master 1_2_3_4 Women, Expert Women
	Wave 4 U15 Women, Master 5_6_7+ Women
1215	Race 2 Concludes
1220	Race Callup : All briefings and callups are down at the crit track start line.
1230	Race 3 Start <small>[note 2]</small>
	Wave 1 Elite Men
	Wave 2 U19 Men
	Wave 3 Master 1_2 Men, Expert Men
1415	Race 3 Concludes
1430	Day 1 Presentations
1600	Event Village Closes. Campers can remain at Stromlo overnight on Sunday.

Notes: 1 Final Course and Schedule at discretion of UCI appointed Commissaire.

5 Appendix B – Course Maps

Course Map



Event Village Map

