



2022 MASTERS & JUNIOR ROAD NATIONAL CHAMPIONSHIPS

TECHNICAL GUIDE

The Event

Overview

The 2022 AusCycling Masters and Junior National Road Championships will be held in the Wollongong region of New South Wales.

The Time Trial will be held at Mt Keira, Criterium at Lindsay Mayne Park and the Road Race will be held at Marshall Mount.

Accommodation can be found in Wollongong: <https://www.visitwollongong.com.au/places-to-stay/>

How to Get there

If you're visiting New South Wales from interstate, Sydney Airport is the closest major airport to Wollongong. Wollongong airport is another option.

Event Sponsors/Partners



**Destination
NSW**

Welcome from the NSW Government – Masters and Junior Road National Championships

The NSW Government is delighted to welcome you to the 2022 Masters and Junior Road National Championships, proudly supported by our tourism and major events agency, Destination NSW.

Hosted by AusCycling, this fantastic event provides a great opportunity for the nation's best junior and masters cyclists, and cycling fans, to immerse themselves in a five-day festival of fast-paced peddling in spectacular Wollongong, the Southern Hemisphere's only UCI Bike City.

The breathtaking coastal courses and enthusiasm from the local community make Wollongong an ideal location for the National Championships and enhance the region's reputation as an international cycling destination.

Events like the Masters and Junior Road National Championships also provide a significant boost to the local visitor economy by attracting thousands of competitors, supporters and officials who stay in our hotels, eat in our restaurants and cafes and visit local attractions.

Best of luck to all competitors and don't forget to take some time out from the event to explore the many and varied visitor attractions, warm hospitality and stunning natural scenery that the Illawarra region is known for.

south coast

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QUIET
MOMENTS
ENERGISE

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Racing Schedule

Monday 12th September	Rider Registration	TBC
Tuesday 13th September	Individual Time Trial	Mt Keira
Junior riders will start the course at 60 second intervals from 8:30am in the following order: <ul style="list-style-type: none"> • U15 Boys – 12kms (2 laps of 6km course) • U15 Girls – 12kms (2 laps of 6km course) • U17 Boys – 16kms (2 laps) • U17 Girls – 16kms (2 laps) • Para – 8kms (1 lap) • WMAS 4-1 – 16kms (2 laps) • MMAS 4-1 – 16kms (2 laps) • WMAS 10-5 – 16kms (2 laps) • MMAS 10-5 – 16kms (2 laps) 		Juniors 8.30-11.30 (TBC) Masters 11.30-4.30 (TBC)
Wednesday 14th September	Criterium	Lindsey Mayne Park – Unanderra
JM15: Heat 1	10 min + 2 laps	8:00 (8:15)
JM15: Heat 2	10 min + 2 laps	8:20 (8:35)
JM17: Heat 1	15 min + 2 laps	8:40 (9:00)
JM17: Heat 2	15 min + 2 laps	9:00 (9:20)
JM17: Heat 3	15 min + 2 laps	9:25 (9:45)
MMAS 8-9-10	30 min + 2 laps	9:50 (10:35)
WMAS 6-7-8-9	30 min + 2 laps	10:40 (11:15)
MMAS 6-7	30 min + 2 laps	11:20 (11:55)
MMAS 1-3	40 min + 2 laps	12:00 (12:45)
MMAS 4-5	40 min + 2 laps	12:50 (13:35)
WMAS 1-5	40 min + 2 laps	13:40 (14:25)
JW15 Final	20 min + 3 laps	14:30 (15:00)
JM15 Final	20 min + 3 laps	15:05 (15:35)
JW17 Final	25 min + 3 laps	15:40 (16:10)
JM17 Final	25 min + 3 laps	16:15 (16:45)
Thursday 15th September	Road Race (17.6km Lap)	Marshall Mount
JM15	35kms (2 Laps)	9:00 (9:55)
JW15	35kms (2 Laps)	9:05 (10:15)
JM17	53kms (3 Laps)	10:20 (12:10)
JW17	53kms (3 Laps)	10:25 (12:40)
MMAS 5	70kms (4 Laps)	12.50 (14.45)
WMAS 1-2-3	70kms (4 Laps)	12:55 (15.00)
Friday 16th September	Road Race	Marshall Mount
MMAS 6-7	53kms (3 Laps)	9:00 (10:50)
MMAS 8-9-10	53kms (3 Laps)	9:05 (11:05)
WMAS 6-7-8-9	53kms (3 Laps)	9:10 (11:30)
MMAS 3-4	70kms (4 Laps)	11.40 (13.40)
WMAS 4-5	70kms (4 Laps)	11:50 (14.00)
MMAS 1-2	88kms (5 Laps)	14.10 (16.15)

Entries

The 2022 AusCycling Masters and Junior Road National Championships are open to riders who are current J15, J17, WMAS1-10 and MMAS 1-10 All Discipline Members. International riders are permitted to participate but are not eligible for the National Champion jersey.

[Event entries](#) for this event will close midnight Tuesday 6th September 2022 (AEST) via [EntryBoss](#)

The entry fee for each event (TT, Crit, RR) event: Juniors \$60 Masters \$75

Registration

Date and Time: Monday 12th September 4:00pm – 7.00pm

Location: [The Fraternity Club](#) – 11 Bourke St, Fairy Meadows
(The Fraternity Club will be open to all for meals)

Riders who are unable to attend the official registration on Monday evening can register on the morning of their event.

Junior State Team Managers may register all riders in their team.

Race Day Registrations & Sign On

Time Trial: Start/Finish - Mt Keira Rd

criterium: Start/Finish - Lindsay Mayne Park

Road Race: Start/Finish - Marshall Mount Community Hall

Riders sign on for the Criterium and Road Race opens one hour before each event and closes 10 minutes before your advertised start time.

If a rider fails to sign on they can be fined (a fine for the rider/team managers could apply). Refer UCI Regulation (for ITT) 2.12.007 (9.2)

State Team Managers Meeting (Juniors only)

6.00pm Monday 12th September

Location: [The Fraternity Club](#) – 11 Bourke St, Fairy Meadows
(The Fraternity Club will be open to all for meals)

All Junior State Team Managers are required to attend.

TEAM SEEDING

All State/Territory Team Managers are required to seed their riders for the Time Trial by sending these through to adam.power@auscycling.org.au by Friday 2nd September. Any riders not seeded will be done at the discretion of the race organiser and Chief Commissaire.

Commissaires:

Chief Commissaire Juniors: Robyn Sprouster

Chief Commissaire Masters: Garry Doughty

Joanne Cameron

Jessica Ho

Norm Sargent

Antoni Mikac

Stephen Michetti

Phil Jones (Moto)

Craig Moiler (Moto)

Neil Hamey

Simon Forrest

Gary Keating

Jeffrey Barrett

Colin Makinson

AusCycling Contact:

Adam Power

Event Operations Manager

adam.power@auscycling.org.au

0448 366 224

Rules and Regulations of AusCycling

These Championships will be conducted under the rules and Rules and Regulations. Visit the AusCycling website for more information - <https://auscycling.org.au/page/about/policies-rules>

IMPORTANT NOTES:

- Commissaires will be providing Bike Check at Registration Mon 12th 4pm – 7pm (this is only a preliminary check. All bikes must still be checked at least 15 minutes prior to your start time)
- Pre checks can be completed at any time, however, bikes must still be checked at least 15 minutes prior to your start time.
- For all Junior National Championship events, wheels must have at least 16 spokes. The rim shall be no more than 44mm in depth.
- Cameras are permitted to be used under the following conditions:
 - a) Use must also be approved by the race organiser and President of the Commissaire Panel ('PCP') prior to the start of the event.
 - b) The camera must be presented to the PCP and they must approve the positioning and mounting before the start of the race.
 - c) All footage must be made available to AusCycling and the event organiser within 48 hours of an in-writing request.
 - d) Any footage that may bring the sport into disrepute must not be released to the public.
 - e) Breaches of the policy may be subject to a penalty.

Neutral Support

Time Trial: No neutral support provided.

Criterium: Designated spares areas will be provided. Competitors are able to leave their own wheels in this designated spares area if they wish

Road Race: Neutral spares will be available.

Feeding and Littering During the Road Race

No feeding will be available unless warm weather protocol is required.

Race Convoy

Time Trial: No vehicles will be allowed to follow.

Road Race: Masters – No convoy vehicles permitted.
Juniors – Each Junior State/Territory Team will be provided one spot in the race convoy for each road race start. All vehicles must be under 1.7m. Vehicles over 1.7m will not be permitted in the convoy. All people in convoy vehicles must have an AusCycling licence.

National Champion Jersey

All categories are eligible for the [National Championships jersey](#) for each race.

Riders should note the National Championship Kit policy.

Race Numbers



Time Trial



Road Race and Criterium

Frame Number



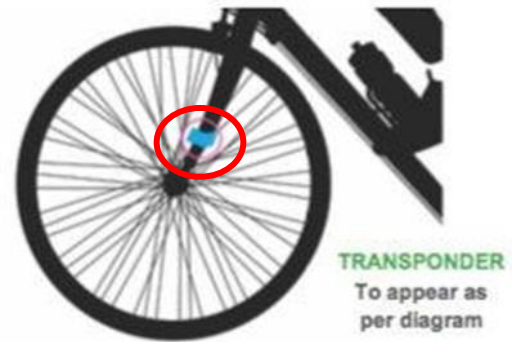
Electronic Timing

Electronic Timing will be used for all events at these championships. Therefore, riders are required to fit a small transponder to the front fork of your bicycle. The transponders will be issued with your race number at registration. DO NOT exchange your transponder with any other competitor as the transponder is coded to your race number. Fitting instruction will be provided in the rider registration pack.

Transponders must be attached to bikes for all events as per instructions given in rider packs. Additional zip ties will be available at registration.

Transponders must be returned after your last race at the start/finish line of the event.

Any rider failing to return their transponder at the event will incur a \$30 administration fee. Lost or damaged transponders will result in a replacement penalty of \$150.



Presentations

All place getters must present to the podium immediately following the race finish. Riders must be presented in their correct attire - race kit, no hats or sunglasses. The Presentations will be held at the following locations:

- Time Trial: Start / Finish area
Subsequent to each category
- Criterium: Start / Finish area
Subsequent to each category final
- Road Race: Marshall Mount Community Hall
Subsequent to each category race

Junior Gearing

The maximum gear development (roll out) permitted for U15's is 6.0 metres and for the U17's is 7.0 metres.

Blocking off of gears is permitted at Junior National Road Championships.

Riders are reminded that the minimum weight for all bikes is 6.8kg. Bikes will be checked prior to racing.

Medical Services

First Aid support will be provided by EMS Event Medical for all events.

Public Urination

Riders are advised that it is an offence to urinate in public. Penalties will be imposed on those who choose to ignore this law.

Anti-Doping

Testing may be conducted at this event. Riders to be tested will be informed of their requirements subsequent to their race by SIA officials. Doping control facilities will be located close to the finish line each day, if in operation.

Radio Communications

During races in these Championships, the use of radio links or any other means of communication with the riders is not permitted.

Junior State Teams in the convoy will be provided with a radio.

Neutralisation

If for any reason conditions warrant the race will be neutralised. In such circumstances a red flag will be displayed from the leading vehicle.

Littering

Riders must not discard bidons or rubbish of any kind on the road side. Riders found to be littering will be fined in accordance with local laws and technical regulations.

Road Closures

Full Road Closures will be in place for the Individual Time Trial.

Road Race course will be closed to traffic. Local residents will be guided to properties via moto marshals.

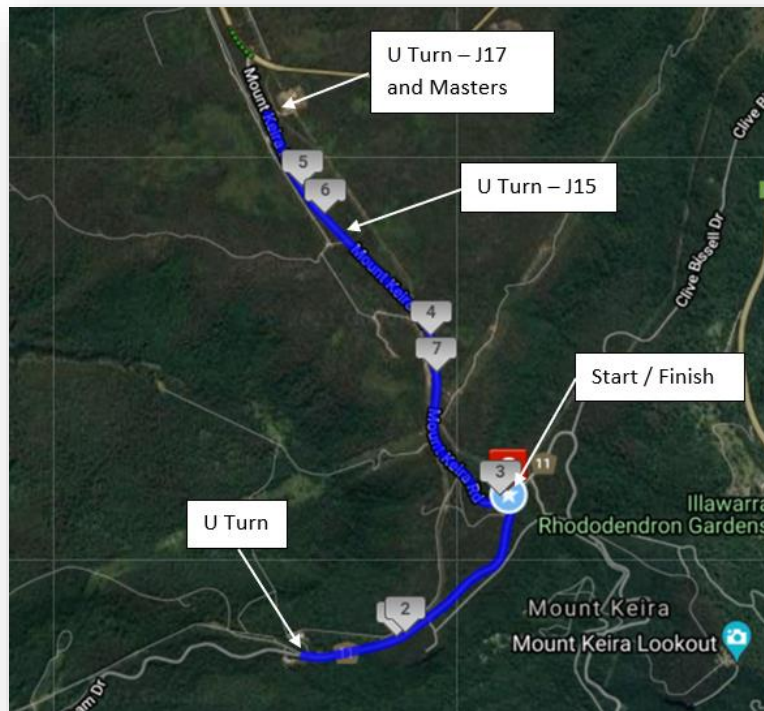


Time Trial

Masters and U17 - <https://www.mapmyride.com/routes/view/4689649048>

U15 - <https://www.mapmyride.com/routes/view/5162314948/>

GPX File: [CLICK HERE](#)



NO.	KM	ROAD	NOTES
1	0.0	START Mount Keira Rd	Closed Course
2	0.1	Left Harry Graham Dve	Closed Course
3	1.5	Turn Around Point	Closed Course
4	2.9	Left Mount Keira Rd	Closed Course
5a	4.3	Turn Around Point J15	Closed Course
5b	5.3	Turn Around Point J17 and Masters	Closed Course
2nd Lap			
6a	5.8	Right Harry Graham Dve	Closed Course
6	7.8	Right Harry Graham Dve	Closed Course
7a	7.2	Turn Around Point J15	Closed Course
7b	9.2	Turn Around Point J17 and Masters	Closed Course
8a	8.6	Left Mount Keira Rd	Closed Course
8b	10.6	Left Mount Keira Rd	Closed Course
9a	9.1	Turn Around Point J15	Closed Course
9b	13.1	Turn Around Point J17 and Masters	Closed Course
10a	11.8	FINISH – Mount Keira Rd	Closed Course
10b	15.8	FINISH – Mount Keira Rd	Closed Course

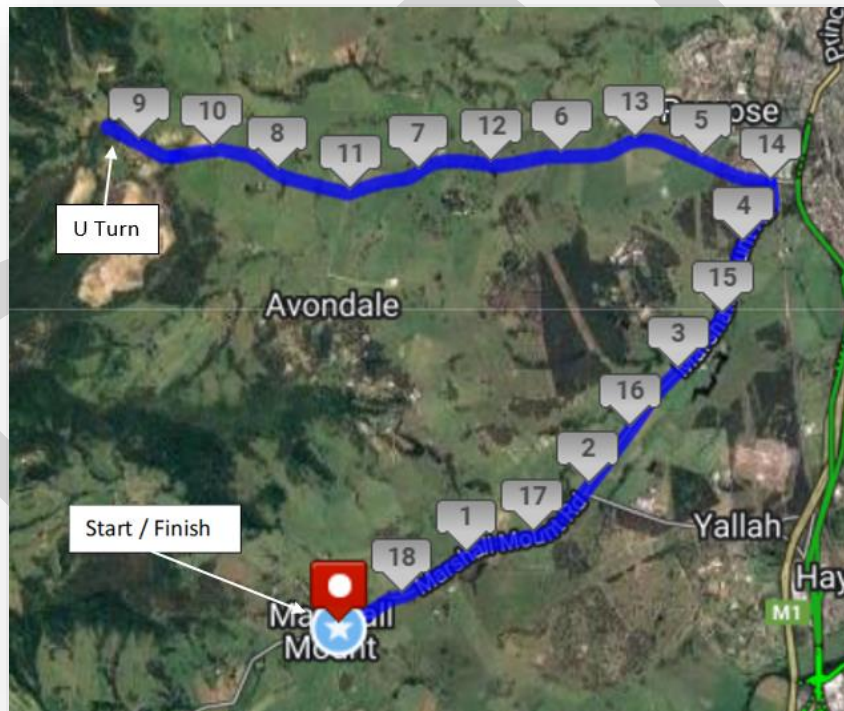
Criterion



Road Race

<https://www.mapmyride.com/routes/view/4891686538>

GPX File: [CLICK HERE](#)



	KM	ROAD	NOTES
1	0.0	START – Marshall Mount Community Hall	Closed Course
2	2.0	Pass Yallah Road	Closed Course
3	3.3	Cross Single Lane Bridge	See Page 12
4	4.5	Left Huntley Road	Closed Course
5	4.8	Pass Penrose Dr	Closed Course
6	5.6	Pass Avondale Rd & Huntley Rd Intersection	Closed Course

7	7.5	Pass South Avondale Road	Closed Course
8	8.4	Pass Cleveland Road	Closed Course
9	8.8	U Turn	Closed Course
10	9.2	Pass Cleveland Road	Closed Course
11	10.0	Pass South Avondale Road	Closed Course
12	12.0	Pass Avondale Rd & Huntley Rd Intersection	Closed Course
13	12.8	Pass Penrose Dr	Closed Course
14	13.1	Turn Right Marshall Mount Road	Closed Course
15	14.3	Cross Single Lane Bridge	See Page 12
16	15.7	Pass Yallah Road	Closed Course
17	17.6	U Turn (2-5 laps) / Finish	Closed Course

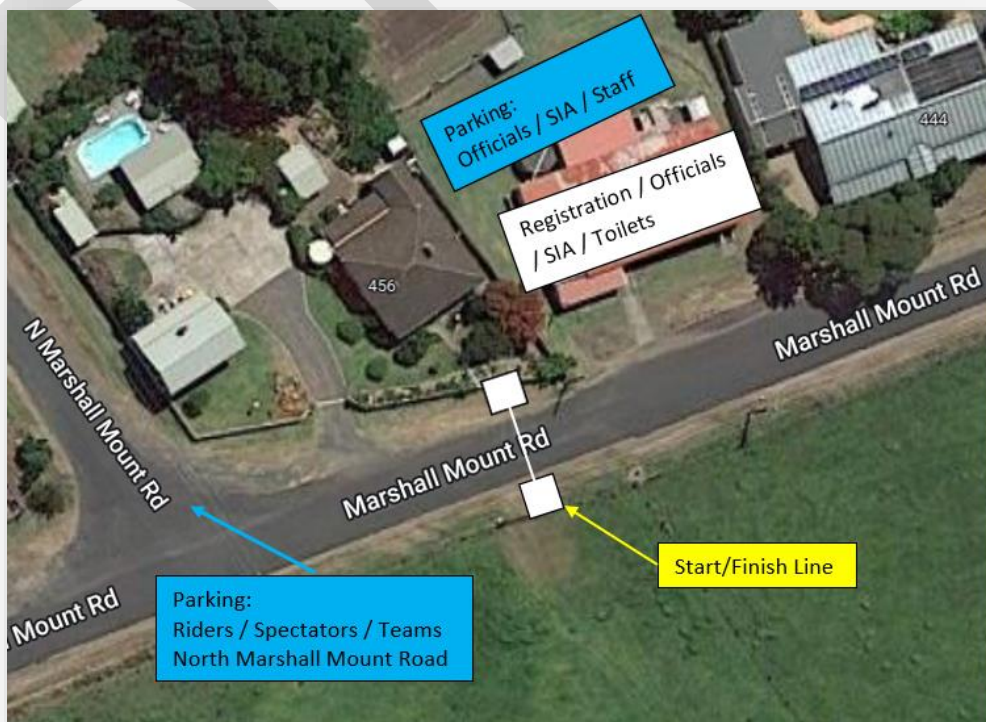
Site Maps

Time Trial - Mount Keira



criterium (TBC) – Lindsay Mayne Park

Road Race – Marshall Mount



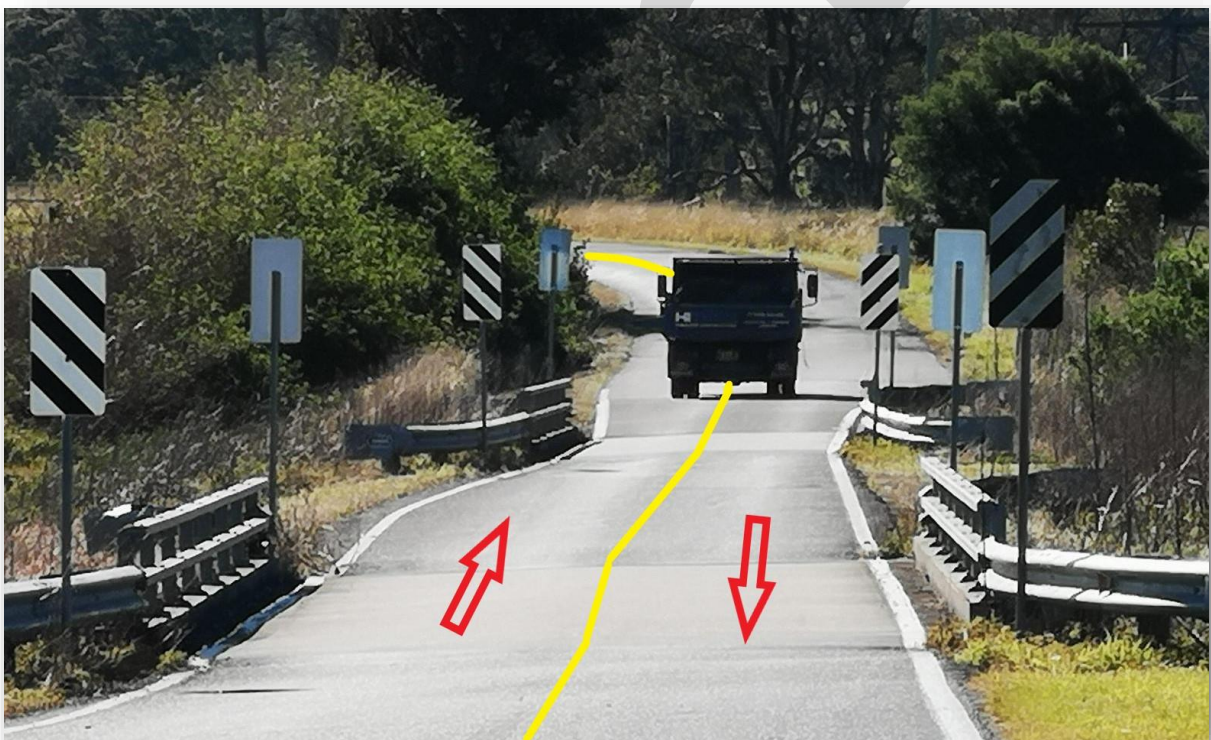
ATTENTION ALL RIDERS

At 3.3km from the start and 14.3km of the Road Race, a single lane bridge is to be crossed.

ALL Riders MUST keep to the left of the line markings.

Any riders found riding on the wrong side of the lines will be sanctioned.

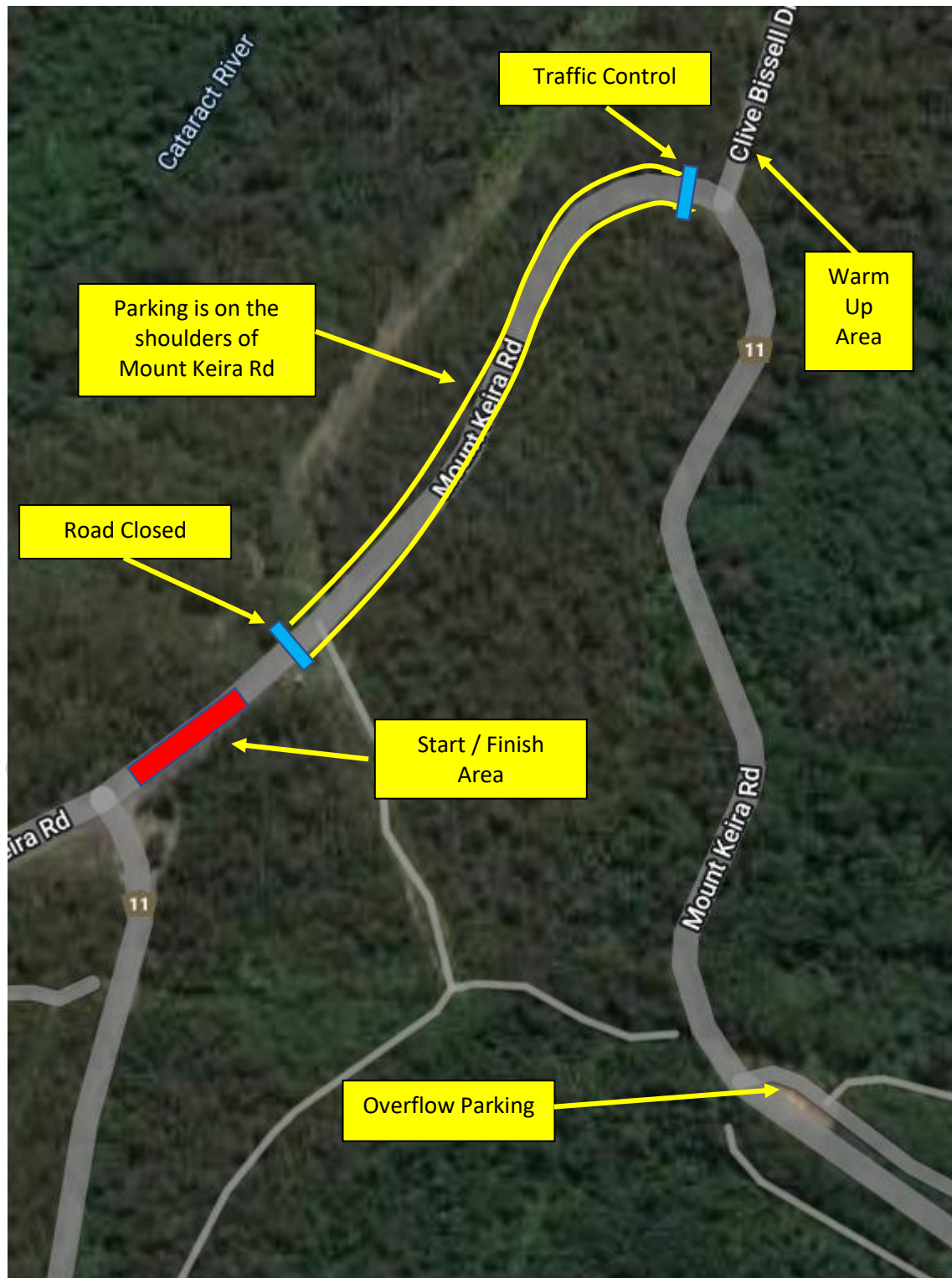
Warning signage prior to the bridge will be in place, as well as Marshals and/or Officials on either side of the bridge crossing.



Time Trial Parking

Mount Keira

PLEASE NOTE: Parking is very limited in this area. It is requested that where possible people car pool and arrive-race-depart.



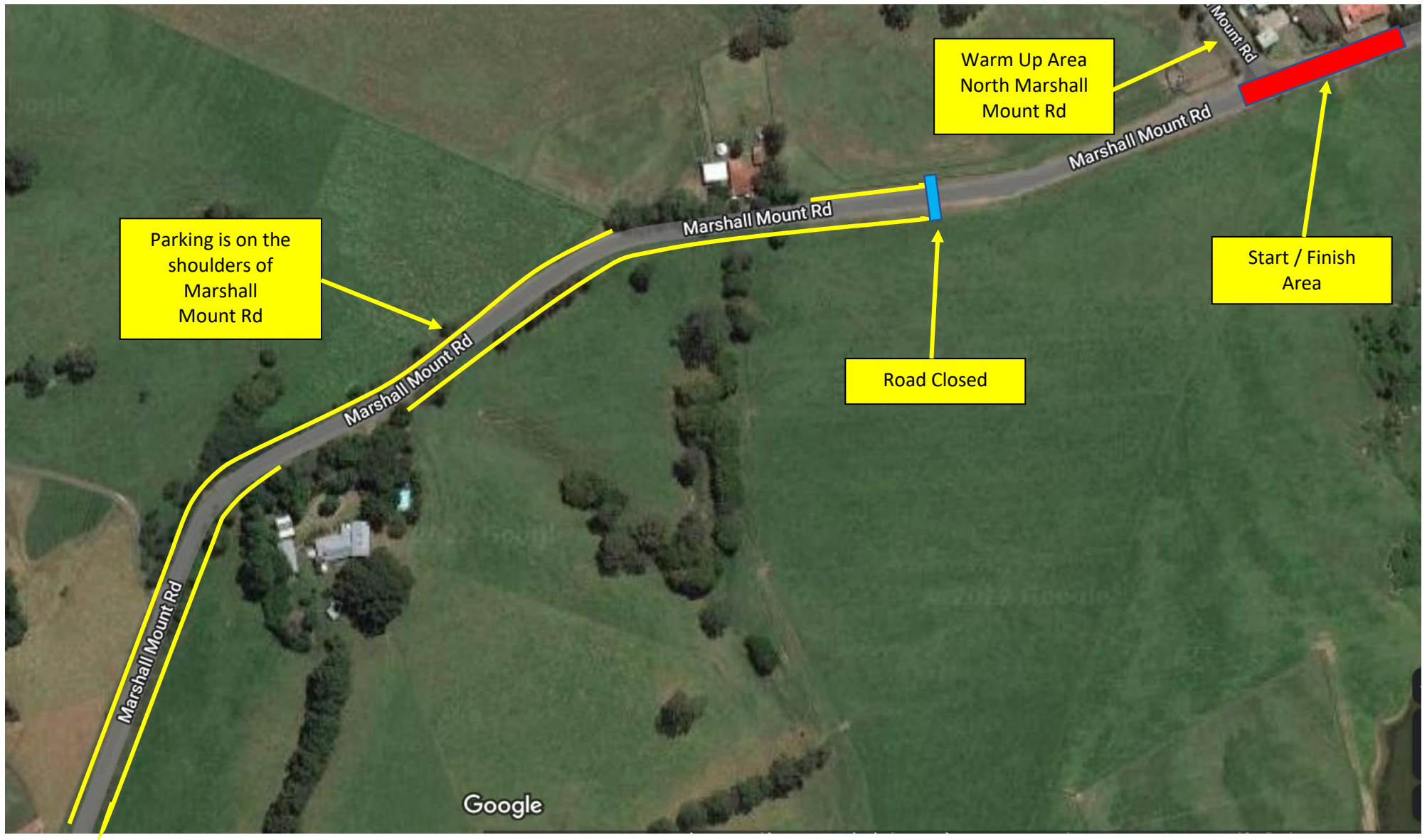
Parking – Criterium

Illawarra Velodrome
Princes Hwy, Unanderra



Parking – Road Race

Marshall Mount



LET'S RIDE TOGETHER