



AusCycling Development Academy: Track & Para-cycling



INTRODUCTION

I ACADEMY OVERVIEW

The AusCycling Development Academies ('Academies') have been formed as a component to the pre-performance rider development pathway. The Academies seek to identify, develop, and support Under 15 and Under 17, and selected Junior 19 riders, to support their performance development and assist riders to acquire the attributes to support them through the performance pathways.

Academies are provided across the disciplines of BMX Racing, Mountain Bike (Gravity and Endurance), Road and Track (inc Para-Track). Riders may be part of one or more Academies.

I ACADEMY STRUCTURE AND PURPOSE

The Academies provide structured training opportunities and coaching support with the aim of supporting the daily training environment of targeted riders. The target age groups, for track, include:

- Junior 19 (by invitation*)
- Under 17
- Under 15
- Para-cyclists

The specific purposes of the Academies include:

- Providing targeted training sessions or camps
- Enhance and compliment the primary daily training environment (DTE)
- Develop consistent development opportunities across all States and Territories
- Increase overall performance of targeted riders
- Provide cross discipline opportunities

Additionally, the Academies will seek to provide:

- Riders with the opportunity to train alongside others (U19+) or the National Institute Network (NIN) network (where appropriate)
- Personal development opportunities via coaching and officiating accreditation

*Invitations are dependent on the specific discipline and location.

I SUPPORT PERSONNEL

Each Academy have a dedicated Lead Coach and Manager. The Lead Coach is required to have an AusCycling coach accreditation level of Development Coach, of the discipline being coached.

The Lead Coach and Academy Manager are appointed by AusCycling in conjunction with the relevant Institute Coach or AusCycling Performance Coach.

Support coach(es) may be added at any time to support the Academy. These individuals must be trainee development Coaches (have attended a Development Course within the last 12 months). Foundation Instructors may attend the sessions to be mentored for further development but will not be placed in charge of activities.

In situations where the state program engages more than one coach diversity will be prioritised.

All team personnel have a current Working with Children Check (or equivalent) - no exemptions are provided in these roles.

TRACK DEVELOPMENT ACADEMY - SPECIFIC DETAILS



DEVELOPMENT FOCUS

The development of physical, technical, tactical, and psychological components of track cycling are the primary focus of the Track Academy program.

The program focuses specifically on development for events that are performance pathway priority events including the Team (transition and timing) and Individual Pursuit (pacing) and Team Sprint.

Where possible, bunch race and Madison practice sessions for tactical execution may be included.

Training Frequency

The frequency of sessions will depend on the location of members and availability of the velodrome. The Lead Coach and Team Manager will be responsible for setting the training dates.

Program Inclusions and Funding

All programs will include:

- Session Coaching
- Velodrome access
- Athlete Development Programs (Coaching and Officiating Training)

The program is based on a co-contribution basis where AusCycling supports the program via coaching support and Athlete Development Programs. As each location has different venue costs these costs will be levied to the riders at the lowest possible rate.

Number of Riders

The total number of participating riders will be subject to the total number of riders within the state/territory, track time availability and coaching capacity.

A maximum number of academy participants may be set where necessary and will be dependent on the potential for effective session delivery and time required for rider feedback.

I **SELECTION CRITERIA**

General Eligibility Criteria

To be eligible for consideration for selection to an Academy riders must:

- Be Australian citizens who are a current AusCycling racing member; or
- Australian residents - this does not include visitors to Australia on work permits, student visas or visitor visas.
- Have a current racing membership issued by AC.
- Their primary club must be within the selected State or Territory.
- Have read, signed, and returned the execution page of the current Academy Agreement.
- Agree to participate in and meet all training and participation requirements as determined by the Lead Coach.
- **Not have breached the Anti-Doping Policies** of UCI or AC nor have had a sanction imposed which has not been completed. For considering eligibility for selection, a breach of an Anti-Doping Policy may include:
 - an athlete currently under investigation for an Anti-Doping Rule Violation (ADRV) where an infraction notice has been issued or the athlete has been stood down under UCI and/or AC Anti-Doping Policies; or a failure to comply with an athlete's obligations under either UCI or AC Anti-Doping Policy, even if such a breach does not result in an ADRV.
- Not currently be suspended from the sport for any reason.
- Display commitment to the sport beyond their own participation, such as engaging in volunteer work with their club.

Discipline Specific Selection Criteria: Track

Riders can be selected Automatic or Discretionary selection criteria.

In all cases riders will need to demonstrate characteristics such as coachability, resilience, motivation, integrity, commitment, and teamwork.

Automatic Selection Criteria

Riders will be selected to the Academy who have been:

- Top 8 placing at the most recent Track National Championships in the Sprint, Time Trial or Individual Pursuit or;
- Top 3 result, and be within 10% of the finishing time of the winner, at the most recent State and Territory Track Championships in the Sprint, Time Trial or Individual Pursuit or;
- Achievement of the following time standards:

	JW15	JM15	JW17	JM17
Flying 200	14.20	13.10	12.55	11.80
500M TT	42.20	39.95	39.00	36.50
2000M IP	2.56.75	2.44.80	2.45.00	2.29.50

Discretionary Selection Criteria

In considering discretionary selections the following may be considered:

- Rider's level of competency and understanding of skill, performance and expected results.
- Selectors view the ability of the rider to progress in the performance pathway.
- Riders Performances at State/Territory and National level events on the road.
- Time trials conducted by the Lead Coach to demonstrate their performance potential. Where timed events are not possible, rider power profiling may be required.
- These criteria may be implemented where numbers of applicants exceed capacity.

**SPECIAL CIRCUMSTANCES
DISCRETIONARY SELECTION**

Dispensation may be appropriate where riders, particularly first year within an age-group transitioning, may be affected by minimal training opportunities due to COVID-19 restrictions.

Provision may be made for athletes suffering illness or injury or adverse personal circumstances, who may have demonstrated prior competencies within club or state/territory training environments / events.

The maximum number of riders able to be selected as part of the discretionary selection criteria will be determined by the coach and venue capacity.

The Academy will commence in line with individual state/territory timelines relevant to community sport restrictions and venue availability and will run until the individual State/Territory Track Championships.

Future selection policy may be revised taking into consideration, but not be limited to the following aspects:

- Performance throughout the Development Academy training sessions
- Results achieved at State/Territory Track Championships
- Performance and results achieved at the AusCycling National Track Championships
- Commitment to the sport (attendance at training, state/territory and club events)
- New emerging rider performance (i.e. incoming talent identification)
- Subjective assessment, where necessary, based on further COVID-19 restrictions, injury, illness, personal circumstances.

SELECTION PROCESS

The Academy will be formed annually starting after the Junior National Road Championships, generally from November and run until the State/Territory Track Championships. All eligible riders will be invited to submit an Expression of Interest (EOI).

All riders interested in participating in an Academy **must** submit an EOI for consideration.

The selection panel will include:

- Lead Coach
- Independent Selector
- AusCycling Pathway Manager (by specific discipline)
- SIS/SAS Lead Coach

All unsuccessful applicants will be offered feedback from their EOI.

Riders who do not submit an EOI or were initially unsuccessful but demonstrate exceptional performances and meet the automatic selection criteria may be invited to join the Academy at a later date.

If an rider's capacity to satisfy the selection criteria diminishes at any time throughout the season, then their continued status as a member of the Academy will be re-assessed by the Selection Panel. For example, if a squad member's performance drops, they are non-committal to activities or fail to demonstrate coachability, then their membership may be reviewed.

TRACK ACADEMY LOCATIONS

Location	Venue
ACT	Narrabundah Velodrome
NSW	Dunc Gray Velodrome
Queensland	Anna Meares Velodrome
Victoria	Darebin International Velodrome
South Australia	Superdrome
Western Australia	Speedome
Tasmania	Silverdome

LET'S RIDE **TOGETHER**



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TRACK**

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