National Esports Tour

October 2021

SECTION ONE - OVERVIEW

AusCycling & Zwift will be conducting a three round ESports Tour.

These events are open to J19 and above aged riders who will be able to score points.

All events in the Series will be conducted in accordance with the AusCycling General and Esport Technical Regulations.

SECTION TWO – EVENT SCHEDULE

AusCycling Cycling Esports Tour (private events):

6:30pm AEDT Friday 29th October   Bologna / TT Lap (TT Mode)
1 lap (8k, Prologue)

9:00am AEDT Saturday 30th October   Watopia / Muir and the Mountain
1 lap (34k, Queen stage)

9:00am AEDT Sunday 31st October   Richmond / 2015 UCI Worlds Course
2 laps (34k, rolling terrain)

SECTION THREE - ELIGIBLE PARTICIPANTS

CLUB TEAMS:

This is an individual tour, however all riders registered for the AusCycling Esport Club Series are automatically entered.

Anyone wishing to participate in the 'Elite' category must enter accordingly (see following).

INDIVIDUALS:

Individuals who were NOT registered for the Club Series can enter by completing the Individual Entry Form.

Individuals entering the 'Elite' category must register by completing the Elite Entry Form.

To enter the Elite category, you must fall in to one of the following classifications:

- ✓ NRS Registered rider
- ✓ Zwift Power A+ Category
- ✓ Top 200 Zwift Power Rankings
- ✓ State A Grade rider

Entry Forms must be completed by 5pm Thursday 28th October. Late entries will NOT be accepted.

All entrants must be:

- J19 and above aged riders (must be aged at least 17 at the 31st December 2021). There will be no exemptions to this.
- a current AusCycling Lifestyle or Race – All Discipline or Off-Road membership.

SECTION FOUR - THE COMPETITION AND CATEGORIES

Graded participants will be required to enter the [Tour events via Zwift](#).

Elite category riders will receive an email from AusCycling containing event links prior to the first race.

CATEGORIES:

There are five grades for both men and women: Elite, A, B, C or D.

Men and Women's races will be conducted at the same time.

Riders will be able enter their correct grade based on your category allocated by Zwift Power using your FTP (Functional Threshold Power) and weight, shown as watts per kilogram, as follows:

Elite – N/A (see above requirements)

Men's Grades	Women's Grades
A = 4.0+	A = 3.7+
B = 3.2 – 4.0	B = 3.2 – 3.7
C = 2.4 – 3.2	C = 2.4 – 3.2
D = 1.0 – 2.4	D = 1.0 – 2.4

The Tour will also apply [the Zwift Power Category Enforcement Regulations](#).

Where a rider moves UP in grade during the competition (i.e. Category C to Category B), they must ride in the new grade (Category B).

> IMPORTANT NOTE: If you are of the belief that you may be placed in a higher grade by Zwift Power during the tour, it is advised that you participate in the higher grade. If Zwift Power place you in a higher grade after the start of the tour, any points you have accumulated in the lower grade will not be transferred.

Where a rider moves DOWN a grade during the competition (i.e. Category B to Category C), they should remain in the category indicated prior to the first event as any points you have accumulated in the higher grade will not be transferred

IN GAME KIT:

Riders can select any kit they would like to participate in the event.

SECTION FIVE - CLASSIFICATION

The following points will be awarded for each grade in each Tour event.

All categories leader points are calculated by the addition of all points accumulated using the following table.

A-D Grade - TOUR POINTS TABLE

1st	2nd	3rd	4th	5th	6th	7th	8th	9th	10th
30	29	28	27	26	25	24	23	22	21
11th	**12th**	**13th**	**14th**	**15th**	**16th**	**17th**	**18th**	**19th**	**20th**
20	19	18	17	16	15	14	13	12	11
21st	**22nd**	**23rd**	**24th**	**25th**	**26th**	**27th**	**28th**	**29th**	**30th**
10	9	8	7	6	5	4	3	2	1

All riders will receive 1 point for completing the event.

Elite Grade - TOUR POINTS TABLE

1st	2nd	3rd	4th	5th	6th	7th	8th	9th	10th
250	175	150	100	75	50	40	30	25	20
11th	**12th**	**13th**	**14th**	**15th**	**16th**	**17th**	**18th**	**19th**	**20th**
15	10	9	8	7	5	4	3	2	1

ELITE ONLY:

The Elite category winner will be provided with access to an AusCycling National Esports Jersey in their Zwift garage.

SECTION SIX - RIDER SETUP & HARDWARE

All riders <u>MUST</u> be registered to **ZwiftPower** ([Register here](#)) and sync Zwift account with ZwiftPower ([How to](#))

Equipment

Riders must have the following equipment during the event paired:
- Smart Trainer and/or Power Meter
  ([Dual Recording is COMPULSORY for Elite grade event](#))
- Heart Rate Monitor

There are no in-game equipment restrictions.

SECTION SEVEN - INTEGRITY

Integrity Measures

Dual recording will be **compulsory** for the Elite grade event

One of the Top 3 placed riders in each category (Men and Women Elite, A-D) will be required to complete a post-race weigh in.

IMPORTANT NOTE: As A-D grade events are public on Zwift, the overall winner/s of the category recorded in Zwift Power may not be registered in the AusCycling Club Series. Therefore, a rider may have finished 6th overall, yet has win the category for the AusCycling Series.

Each selected rider will be sent a text message letting them know they've won their category and reminding them of their weigh-in obligation. A reminder email outlining the process will also be sent.

Riders will be required to complete the following:

1. Take a short weigh-in video. Video MUST contain:

   ➢ Footage of yourself stating your name and club (this can be done by yourself in a mirror, or by another person).

   ➢ Provide confirmation of date (footage of a newspaper, another phone or tablet that displays the time and date, basically anything that can't be disputed.

   ➢ Weighing of yourself on a set of scales with resultant weight clearly shown.

   NOTE: Please try to keep the video as short as possible to reduce the file size for email. So make sure you have everything ready to go before you start filming.

2. Reply email the video file (we will reply to let you know it has been received)..

AusCycling has also partnered with ZADA to undertake any random testing including:

- Use of ineligible IRL equipment
- Miscalibrated trainer
- Configuration changes during race

Anti-Doping

Anti-Doping Testing may be conducted at any round of the event. Sport Integrity Australia may come to your location if they are testing.

Therapeutic Use Exemption (TUE)

A TUE is an exemption that allows an athlete to use, for therapeutic purposes only, an otherwise prohibited substance or method (of administering a substance). TUE approval may protect athletes from receiving a sanction if a prohibited substance is found in their sample.

If you are currently taking any medication, please check whether this substance is banned in or out of competition via https://www.globaldro.com/AU/search

Further information on the TUE process can be found on the Sport Integrity Australia (SIA) website https://www.sportintegrity.gov.au/resources/therapeutic-use-exemption-tue or by calling 1300 027 23

Sport Integrity Australia App

Any athlete and official can download the SIA app. The SIA App has been designed with athletes in mind.

The App gives a complete list of all supplements sold in Australia that have been screened for prohibited substances by an independent laboratory. The testing and certification of sports supplements cannot provide athletes a 100% safety guarantee but does significantly lower the risk of a positive test. For non-tested supplements the App gives athletes access to a quiz to assess the risk posed by highlighting key risk factors.

The App can also be used to report doping, check if a medication is banned in sport, give SIA feedback on testing missions, and complete online education modules.

SECTION EIGHT - CONTACT DETAILS

RACE MANAGEMENT

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Zwift	https://support.zwift.com/

SOCIAL MEDIA

Website	auscycling.org.au	
Facebook	@AusCyclingAus	@gozwiftausnz
Instagram	@AusCyclingAus/	@gozwiftausnz
Twitter	@AusCyclingAus	@gozwiftausnz
Hashtags	#ACZwiftSeries	#ACZwiftTour