



AUSCYCLING

Club National ESport Series

SECTION ONE - OVERVIEW

AusCycling & Zwift will be bringing a four round National Club ESport Series calendar.

These events will be open to J19, U23, Elite and Masters aged riders who will be able to score points for their club and their State/Territory.

All events in the Series will be conducted in accordance with the [AusCycling General and ESport Technical Regulations](#).

SECTION TWO – EVENT DETAILS

DAY	RACE TYPE	COURSE	DISTANCE & COURSE PROFILE	START TIME
Thursday 8th July	Criterion	Crit City Downtown Dolphin	<i>1.9km's a lap - 10 laps Dedicated crit course</i> <i>Total Distance 19km's</i>	7:30 pm AEST 7:00 pm ACST 5:30 pm AWST
Thursday 15th July	Road Race	Yorkshire 2019 UCI Worlds Harrogate Circuit	<i>13.8km's a lap - 2 laps A rolling circuit that mirrors the 2019 worlds circuit</i> <i>Total distance 26.7km's</i>	7:30 pm AEST 7:00 pm ACST 5:30 pm AWST
Thursday 22nd July	Road Race	Astoria Line 8	<i>11km laps x 2</i> <i>22 kms</i>	7:30 pm AEST 7:00 pm ACST 5:30 pm AWST
Thursday 29th July	Kermesse	Paris Champs-Élysées	<i>6.6 km's a lap with a 3.2 km lead in - 3 laps</i> <i>23 km</i>	7:30 pm AEST 7:00 pm ACST 5:30 pm AWST

SECTION THREE - ELIGIBLE PARTICIPANTS

The individuals can participate:

- All riders must be U19, U23, Elite or Masters riders. There will be no exemptions to this.
- Riders will be required to hold one of the following:
 - A current AusCycling Lifestyle or Race – All Discipline or Off-Road licence [U19, U23 and Elite, Masters].

In Game Kit

- Riders can select any kit they would like to participate in the event. We recommend that each club determine a 'in - game kit' to recommend to their members.

SECTION FOUR - THE COMPETITION AND CATEGORIES

Participants will be required to enter via Zwift. You will NOT receive a reminder email, it is each riders responsibility to enter accordingly.

The series will include a competition where the standings for each club whose primary club members score points in the series.

This is a public event on Zwift, however only clubs affiliated with AusCycling (with riders who hold AusCycling memberships) will be included in the results.

Categories:

There are four grades: A, B, C or D. Men and Women's races will be conducted at the same time.

Riders will be able enter their correct grade based on your FTP (Functional Threshold Power) and weight, shown as watts per kilogram, as follows:

- A Grade: 4.0W/kg or higher
- B Grade: 3.2W/kg - 3.9W/kg
- C Grade: 2.5W/kg - 3.1W/kg
- D Grade: 1W/kg - 2.49W/kg

Q: What is FTP (Functional Threshold Power)?

A: Your functional threshold power (FTP) is calculated based on averaging the w/kg from your best three races within the last 90 days. If you haven't been Zwifing for 90 days yet, your best 3 races, w/kg, and your FTP will be averaged until you reach the 90 days.

SECTION FIVE - SERIES CLASSIFICATION

The following points will be awarded for race. All categories leader points are calculated by the addition of all points accumulated using the following tables.

Series Points Table

1st	2nd	3rd	4th	5th	6th	7th	8th	9th	10th
20	19	18	17	16	15	14	13	12	11

11th	12th	13th	14th	15th	16th	17th	18th	19th	20th
10	9	8	7	6	5	4	3	2	1

All ties will be broken in the following manner:

- o Most Wins by a Club
- o If still tied, then number of top 5 results by a Club
- o If still tied then there will be two winners/leaders.

Club points will be an accumulation of all points scored by members based on their primary club.

SECTION SIX - RIDER SETUP & HARDWARE

- Each club must setup a **ZwiftPower Club**
- All riders **MUST** be registered to **ZwiftPower** ([Register here](#)) and sync Zwift account with ZwiftPower ([How to](#))
- All riders must have their club selected as their registered team to score points. Failure to do this, will result in the club and state/territory NOT receiving series points.
- Clubs must register if they would like to score points.

Equipment

Riders must have the following equipment during the event paired:

- Smart Trainer or Power Meter

There are no in-game equipment restrictions.

SECTION SEVEN - INTEGRITY

Integrity Measures

Top 3 and random riders may be required to weigh in with a video call within 15 minutes of the race finishing. A text message letting the riders know they will be required to perform a weigh-in will be sent initially, so riders must have their phone available for a video call via FaceTime or WhatsApp. Any rider who does not answer after 2 calls may be disqualified.

AusCycling has also partnered with ZADA to undertake any random testing including:

- Use of ineligible in-game equipment (e.g. in-game bikes).
- Use of ineligible IRL equipment (e.g. use of a power metre instead of a trainer).
- Miscalibrated trainer
- Config changes during race

Anti-Doping

Anti-Doping Testing may be conducted at any round of the event. Sport Integrity Australia may come to your location if they are testing.

Therapeutic Use Exemption (TUE)

A TUE is an exemption that allows an athlete to use, for therapeutic purposes only, an otherwise prohibited substance or method (of administering a substance). TUE approval may protect athletes from receiving a sanction if a prohibited substance is found in their sample.

If you are currently taking any medication, please check whether this substance is banned in or out of competition via www.globaldro.com/AU/search

Further information on the TUE process can be found on the Sport Integrity Australia (SIA) website <https://www.sportintegrity.gov.au/resources/therapeutic-use-exemption> or by calling 1300 027 23

Sport Integrity Australia App

Any athlete and official can download the SIA app. The SIA App has been designed with athletes in mind.

The App gives a complete list of all supplements sold in Australia that have been screened for prohibited substances by an independent laboratory. The testing and certification of sports supplements cannot provide athletes a 100% safety guarantee but does significantly lower the risk of a positive test. For non-tested supplements the App gives athletes access to a quiz to assess the risk posed by highlighting key risk factors.

The App can also be used to report doping, check if a medication is banned in sport, give SIA feedback on testing missions, and complete online education modules.

SECTION EIGHT - CONTACT DETAILS

RACE MANAGEMENT

AusCycling

Adam Power

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Zwift

Kierin Lewis

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SOCIAL MEDIA

Website

auscycling.org.au

Facebook

[@AusCyclingAus](https://www.facebook.com/AusCyclingAus)

[@gozwiftausnz](https://www.facebook.com/gozwiftausnz)

Instagram

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