

MTB	LEVEL OF REMIT		
	Foundation (Club)	Development (Level 1)	Advanced (Level 2)
Foundation, Talent, Elite, Mastery (FTEM)			
FOUNDATION REMIT (Riding for fun)			
Ratio 1:15 (open park or area)	✓	✓	✓
Ratio 1:8 Children (MTB environment)	✓	✓	✓
Ratio 1:10 Adults (MTB environment)	✓	✓	✓
Minimum 3 riders when working with U 18's	✓	✓	✓
Open area (Ovals, parks, bike paths, pump tracks)	✓	✓	✓
Low traffic road	✓	✓	✓
RIDING FOR FUN (Instructing Skills)			
Basic mount/dismount	✓	✓	✓
Pedal technique	✓	✓	✓
Braking and stopping	✓	✓	✓
Ride in a straight line	✓	✓	✓
Vision – Scanning the trail	✓	✓	✓
One-handed riding	✓	✓	✓
Cornering	✓	✓	✓
Using gears	✓	✓	✓
Passing	✓	✓	✓
Climbing (Beginner)	✓	✓	✓
Descending (Beginner)	✓	✓	✓
Ready position	✓	✓	✓
Track stand	✓	✓	✓
Front wheel lift	✓	✓	✓
Rear wheel lift	✓	✓	✓
ESSENTIAL TRAFFIC SKILLS			
Hand signals	✓	✓	✓
Entering a roadway	✓	✓	✓
Dangers of blind spots/vehicle cues/doors	✓	✓	✓
Positioning/intersections/turning lanes and roundabouts	✓	✓	✓
Riding as a group in traffic (per remit ratios)	✓	✓	✓

MTB	LEVEL OF REMIT		
	Foundation (Club)	Development (Level 1)	Advanced (Level 2)
SKILLS AND TACTICS MTB			
Climbing/descending (green trails)*	✓	✓	✓
Fast cornering (green trails)*	✓	✓	✓
Bidon (water bottle) usage	✓	✓	✓
Climbing/descending (blue trails)*		✓	✓
Fast cornering (blue trails)*		✓	✓
Manual		✓	✓
Bunny Hop		✓	✓
Intermediate skills (small drop off, small rock garden etc.)		✓	✓
Feed zone skills (intermediate small group)		✓	✓
Manage state level camps and programs		✓	✓
Complex skills (rock garden, gap jump etc.)			✓
Climbing/descending (Black Trails)*			✓
Fast cornering (Black Trails)*			✓
Feed zone skills (World Cup)			✓
Manage national level camps and programs**			✓

* AusCycling recognises the diversity of trails within Australian MTB trail networks and as such the recommendation for trail level is to always pre-ride and plan activities relevant to the pre assessed competency of the riders the coach or instructor is intending on working with in the session. Therefore, it is a fundamental requirement of any coach or skills instructor to accurately assess the current skills level of their participant(s) and to provide appropriate instruction on trails that provide an appropriate technical challenge for the identified skill level of the participant(s).

** AusCycling recognises the competency of UCI Level 2 MTB coaches.

Key Remit Notes:

AusCycling provides accredited coaches/instructors with professional indemnity and public liability insurance when operating within their respective coach/instructor remit. The coach/instruction must ensure:

- They are delivering sessions and skills within the scope to which they are accredited.
- All participants of a session must be AusCycling members, have a day membership or taking part in an AusCycling endorsed activity (Ride Nation Session, Come and Try)
- The environment suitable for the level of riders present.
- Sessions must take place on legal trails with the permission of the land manager.
- Provide coaching services as a volunteer only. In case of club sanctioned activities, clubs may provide coach/instructor with an honorarium or reimbursement of expenses.

AusCycling Coach & Instructor Insurance Upgrade

AusCycling offers accredited coaches/instructors the opportunity to extend their insurance cover to provide public liability and professional indemnity insurance cover for paid coaching for both AusCycling members and non-members.

Coaches/Instructors wishing to gain this cover need to

- Need to be Coach or Instructor with a currently accreditation recognised by AusCycling.
- Operate within their respective coaching and instructor level remit.
- Be a sole trader.
- Complete the coach/instructor affiliation application form and pay the specified fee.

Important: This insurance cover is only valid for the individual coach/instructor ('sole traders'). Companies, partnerships and the engaging of other coaches on a contractor arrangement by the individual coach/instructor are specifically excluded from the terms of this program.