



AUSCYCLING

**CONDUCTING CYCLING
ACTIVITIES IN A COVID-19
ENVIRONMENT**

SUPPLEMENT VICTORIA PLAN

Version 1.0 | 7 JANUARY 2021

Introduction

AusCycling is the national sporting organisation ('NSO') for cycling in Australia. AC has developed Guidelines for the Conduct of Cycling in a COVID-19 Environment and Guidelines for the Conduct of Events in a COVID-19 Environment to assist State Offices, Club and Members to conduct cycling activities during the COVID-19 pandemic. The AC Guidelines address key elements within the [Australian Institute of Sport \(AIS\) Framework for Rebooting Sport in a COVID-19 Environment](#) (the AIS Framework) and the [Outdoor Council of Australia Framework for Rebooting Outdoor Activities in a COVID-19 Environment](#) (the OCA Framework), and the National Principles outlined in each.

It is important to note the AusCycling Guidelines have been developed as an overall framework for the conduct of the sport in the COVID-19 environment however they must be used within the specific State and Territory requirements. Some State and Territory Governments require sports organisation or events to have specific local COVID-19 plans addressing specific restrictions

We note that this is an evolving situation and each State and Territory will have a different approach and timelines on restrictions which may result in different requirements at various times. Ultimately, public health policy and Federal, State and Territory Government directives will govern the conduct of any cycling activities

When assessing your event it is critical that you understand the current status of COVID-19 at a national, regional and local level.

Specific requirements and resources and direction can be found at: <https://www.dhhs.vic.gov.au/coronavirus>

LET'S RIDE TOGETHER

Scope and Purpose

The purpose of the plan is to ensure Host Organisations (clubs, coaches, event organisers) of cycling program provide a COVID safe environment and have up-to-date information on local requirements.

The non-contact nature of cycling generally allows riders maintain a distance of greater than 1.5m whilst riding to ensure safety and good sightlines. Cycling is generally also an outdoor activity (except in the case of indoor velodromes).

Descriptions of cycling activities referenced in these guidelines include:

- **Recreational Riding and Training:** casual or performance purpose riding organised by individuals or affiliated clubs.
- **Instruction and Coaching:** Cycling activities conducted under the guidance of a coach or instructor to an individual or group to improve performance and skills
- **Events:** Competitive or Recreational cycling events in all disciplines (road, track, mountain bike, cyclo-cross BMX Racing, BMX Freestyle, Para-cycling, ESport)

This supplement has been developed with reference to the Victorian COVID safe plan, AusCycling Guidelines to the conduct of Cycling Activities in a COVID-19 Environment and the [Australian Institute of Sport \(AIS\) Framework for Rebooting Sport in a COVID-19 Environment](#), noting that there will be some instances where Victoria's approach differs as noted below.

About Cycling in Victoria

Cycling in Victoria is administered by the AusCycling state management. The AusCycling Victorian Office is responsible for ensuring that the COVID-19 supplemental guidelines for cycling meet the requirements for

Victoria and keep them updated. Additionally the AusCycling Victoria Office has completed a COVID safe plans.

State Specific Information as at 7 January 2021

The following information is additionally specific to the AusCycling Guidelines for the Conduct of Cycling in a COVID-19 Environment.

GENERAL PRINCIPLE	RECREATIONAL RIDING AND TRAINING	COACHING AND INSTRUCTION	EVENTS AND COMPETITION
<p>Indoor</p> <ul style="list-style-type: none"> If you have any symptoms of coronavirus (COVID 19) get tested and stay home You must carry a face mask (if over 12 years old) with you and wear it when indoor or social distancing is not possible. permitted for all ages no patron caps with density quotient of 1 per 4 square metres for each space. gym and exercise classes limited to 50 people (excluding anyone necessary for running the class). COVID Marshals required when gyms are staffed. At times when gyms are unstaffed, a density quotient of 1 per 8 square metres applies. signage must state the number of people permitted inside, wipes and disinfectant must be supplied for use by patrons, and record keeping is required and venues with capacity of greater than 500 patrons must publish a COVIDSafe Plan online. 	<ul style="list-style-type: none"> Up to 50 persons can participate in an activity at a time. This number does not include coaches, officials and personnel required to conduct the session. 	<ul style="list-style-type: none"> Coaches, officials and those providing instruction must keep a record of the details of all persons attending training or competition. 	<ul style="list-style-type: none"> Tier 3 events (under 1000) must complete and submit a COVIDSafe Event Checklist to the Victorian Government to register the event. Tier 3 events must submit the COVIDSafe Event Checklist at least one week before the start of the event.

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<p>Outdoor</p> <ul style="list-style-type: none"> • permitted for all ages • up to a maximum of 100 patrons for outdoor fitness classes with a density quotient of 1 per 2 square metres. • record keeping is required and venues with capacity of greater than 500 patrons must publish a COVIDSafe Plan online. 			
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Communication

Communication of this plan and other AusCycling COVID-19 resources to members and clubs will be done through direct emails and via the AusCycling Website.

More Information and Resources

AusCycling has collated and developed a number of COVID-19 resources to ensure cycling activities can be conducted in a safe fashion. More information including templates are now available at <http://auscycling.com.au>

For more information please contact craig.eastwood@auscycling.org.au