



AUSCYCLING

**CONDUCTING CYCLING
ACTIVITIES IN A COVID-19
ENVIRONMENT**

SUPPLEMENT SOUTH AUSTRALIA

8 JANUARY 2021

Introduction

AusCycling is the national sporting organisation ('NSO') for cycling in Australia. AC has developed Guidelines for the Conduct of Cycling in a COVID-19 Environment and Guidelines for the Conduct of Events in a COVID-19 Environment to assist State Offices, Club and Members to conduct cycling activities during the COVID-19 pandemic. The AC Guidelines address key elements within the [Australian Institute of Sport \(AIS\) Framework for Rebooting Sport in a COVID-19 Environment](#) (the AIS Framework) and the [Outdoor Council of Australia Framework for Rebooting Outdoor Activities in a COVID-19 Environment](#) (the OCA Framework), and the National Principles outlined in each.

It is important to note the AusCycling Guidelines have been developed as an overall framework for the conduct of the sport in the COVID-19 environment however they must be used within the specific State and Territory requirements. Some State and Territory Governments require sports organisation or events to have specific local COVID-19 plans addressing specific restrictions

We note that this is an evolving situation and each State and Territory will have a different approach and timelines on restrictions which may result in different requirements at various times. Ultimately, public health policy and Federal, State and Territory Government directives will govern the conduct of any cycling activities

When assessing your event it is critical that you understand the current status of COVID-19 at a national, regional and local level.

Specific requirements and resources and direction can be found at:
www.covid-19.sa.gov.au/

Scope and Purpose

The purpose of the plan is to ensure Host Organisations (clubs, coaches, event organisers) of cycling program provide a COVID safe environment and have up-to-date information on local requirements.

The non-contact nature of cycling generally allows riders maintain a distance of greater than 1.5m whilst riding to ensure safety and good sightlines. Cycling is generally also an outdoor activity (except in the case of indoor velodromes).

Descriptions of cycling activities referenced in these guidelines include:

- **Recreational Riding and Training:** casual or performance purpose riding organised by individuals or affiliated clubs.
- **Instruction and Coaching:** Cycling activities conducted under the guidance of a coach or instructor to an individual or group to improve performance and skills
- **Events:** Competitive or Recreational cycling events in all disciplines (road, track, mountain bike, cyclo-cross BMX Racing, BMX Freestyle, Para-cycling, ESport)

This supplement has been developed with reference to the AusCycling SA guidelines, AusCycling Guidelines to the conduct of Cycling Activities in a COVID-19 Environment and the [Australian Institute of Sport \(AIS\) Framework for Rebooting Sport in a COVID-19 Environment](#), noting that there will be some instances where SA approach differs as noted below.

About Cycling in SA

Cycling in SA is administered by the AusCycling state management. The AusCycling SA Office is responsible for ensuring that the COVID-19 supplemental guidelines for cycling meet the requirements for the South Australia and keep them updated. Additionally, AusCycling SA Office has completed a completed state specific COVID Safety Plans, COVID19 Industry Plans or similar.

State Specific Information January 8 2021

The following information is additionally specific to the AusCycling Guidelines for the Conduct of Cycling in a COVID-19 Environment.

GENERAL PRINCIPLE	RECREATIONAL RIDING AND TRAINING	COACHING AND INSTRUCTION	EVENTS AND COMPETITION
<p>Sport (including cycling) is a defined public activity.</p> <p>Maintain Social distancing where possible.</p> <p>Follow respective guidelines for COVID Safe Plans, COVID Management Plans, COVID Marshals and contact tracing where applicable.</p>	<p>Social distancing where possible.</p>	<p>All defined activity requires a COVID Safe Plan.</p> <p>A COVID Marshall is required.</p> <p>The density requirement of 1 person per 2 square metres applies.</p> <p>Contract Tracing provisioning in place.</p>	<p>All defined activity requires a COVID Safe Plan.</p> <p>If expected attendance is more than 1000 then a COVID Management Plan Is required.</p> <p>COVID Marshall(s) is required.</p> <p>The density requirement of 1 person per 2 square meters applies.</p> <p>Contract Tracing provisioning in place Maintain Social Distancing of non-participants.</p>

Communication

Communication of this plan and other AusCycling COVID-19 resources to members and clubs will be done through direct emails and via the AusCycling Website.

More Information and Resources

AusCycling has collated and developed a number of COVID-19 resources to ensure cycling activities can be conducted in a safe fashion. More information including templates are now available at <http://auscycling.com.au>

For more information please contact sa.info@auscycling.org.au