



AUSCYCLING

**CONDUCTING CYCLING
ACTIVITIES IN A COVID-19
ENVIRONMENT**

SUPPLEMENTAL QUEENSLAND PLAN

Version 2.0 | 8 January 2021

Introduction

Introduction

AusCycling is the national sporting organisation ('NSO') for cycling in Australia. AC has developed Guidelines for the Conduct of Cycling in a COVID-19 Environment and Guidelines for the Conduct of Events in a COVID-19 Environment to assist State Offices, Club and Members to conduct cycling activities during the COVID-19 pandemic. The AC Guidelines address key elements within the [Australian Institute of Sport \(AIS\) Framework for Rebooting Sport in a COVID-19 Environment](#) (the AIS Framework) and the [Outdoor Council of Australia Framework for Rebooting Outdoor Activities in a COVID-19 Environment](#) (the OCA Framework), and the National Principles outlined in each.

It is important to note the AusCycling Guidelines have been developed as an overall framework for the conduct of the sport in the COVID-19 environment however they must be used within the specific State and Territory requirements. Some State and Territory Governments require sports organisation or events to have specific local COVID-19 plans addressing specific restrictions

We note that this is an evolving situation and each State and Territory will have a different approach and timelines on restrictions which may result in different requirements at various times. Ultimately, public health policy and Federal, State and Territory Government directives will govern the conduct of any cycling activities

When assessing your event it is critical that you understand the current status of COVID-19 at a national, regional and local level.

Specific requirements and resources and direction can be found at:

- Queensland: <https://www.covid19.qld.gov.au/government-actions/covid-safe-events>

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Scope and Purpose

The purpose of the plan is to ensure Host Organisations (clubs, coaches, event organisers) of cycling program provide a COVID safe environment and have up-to-date information on local requirements.

The non-contact nature of cycling generally allows riders maintain a distance of greater than 1.5m whilst riding to ensure safety and good sightlines. Cycling is generally also an outdoor activity (except in the case of indoor velodromes).

Descriptions of cycling activities referenced in these guidelines include:

- **Recreational Riding and Training:** casual or performance purpose riding organised by individuals or affiliated clubs.
- **Instruction and Coaching:** Cycling activities conducted under the guidance of a coach or instructor to an individual or group to improve performance and skills
- **Events:** Competitive or Recreational cycling events in all disciplines (road, track, mountain bike, cyclo-cross BMX Racing, BMX Freestyle, Para-cycling, ESport)

This supplement has been developed with reference to the [COVID Safe Sporting Industry Plan](#), AusCycling Guidelines to the conduct of Cycling Activities in a COVID-19 Environment and the [Australian Institute of Sport \(AIS\) Framework for Rebooting Sport in a COVID-19 Environment](#), noting that there will be some instances where the Queensland approach differs as noted below.

About Cycling in Queensland

Cycling in Queensland is administered by the AusCycling state management. The AusCycling Queensland Office is responsible for ensuring that the COVID-19 supplemental guidelines for cycling meet the requirements for Queensland and keep them updated. Additionally, AusCycling Queensland Office has completed a state/ territory specific COVID Safety Plans, COVID19 Industry Plans or similar.

State Specific Information (as at 8th January, 2021)

The following information is additionally specific to the AusCycling Guidelines for the Conduct of Cycling in a COVID-19 Environment.

Please note: Greater Brisbane is in a 3 Day lockdown until 6pm Monday 11th January 2021 and the following regulations apply

- Organised physical activity (e.g. events or training) within the Greater Brisbane area will be cancelled.
- Residents within the Greater Brisbane area, including Moreton Bay, Logan, Ipswich and Redlands should stay home from 6pm Friday 8th, until 6pm Monday 11th.
- Can you go for a ride? Yes you can , however you can only do so with members of your household or one other person who is not a member of your household and only in your neighbourhood.
- Do you have to wear a mask? In the Greater Brisbane area, for the period of the lockdown, face masks must be worn at all times when you are outside of your home

The remainder of Queensland should apply the following :

GENERAL PRINCIPLE	RECREATIONAL RIDING AND TRAINING	COACHING AND INSTRUCTION	EVENTS AND COMPETITION
<ul style="list-style-type: none"> • 1 person per 2 square metres for venues up to 100 people. • Physical distancing is required off the field of play/activity space. • Where possible, sport should be scheduled to ensure there is limited co-mingling between participation groups. • Mandatory record keeping required for tracking and tracing purposes for all in attendance, including spectators. • Consider group segmentation and buffer zones as appropriate to manage risks. 	<ul style="list-style-type: none"> • Physical distancing is required off the field of play/activity space. • Prior to conducting informal activities, please review the current Movement and Gatherings Health Direction. • Mandatory record keeping required for tracking and tracing purposes for all in attendance, including spectators. • Recreational travel, camping in camping grounds overnight or for multiple nights, accommodation (including caravan parks). 	<ul style="list-style-type: none"> • Physical distancing is required off the field of play/activity space. • Mandatory record keeping required for tracking and tracing purposes for all in attendance, including spectators. 	<p>Indoor Events</p> <ul style="list-style-type: none"> • Events up to 500 people – can proceed by following the COVID Safe Event Checklist. • Events with 500 to 10,000 people – must develop a COVID Safe Event Plan and for approval by the local Public Health Unit. • Events of more than 10,000 people - must develop a COVID Safe Event Plan and submit for approval by the Chief Health Officer. <p>Outdoor Events</p> <ul style="list-style-type: none"> • Events up to 1000 people – can proceed by following the COVID Safe Event Checklist. • Events with 1000 to 10,000 people – must develop a COVID

			<p>Safe Event Plan and submit for approval by the local Public Health Unit.</p> <ul style="list-style-type: none">• Events of more than 10,000 people - must develop a COVID Safe Event Plan and submit for approval by the Chief Health Officer.
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Communication

Communication of this plan and other AusCycling COVID-19 resources to members and clubs will be done through direct emails and via the AusCycling Website.

More Information and Resources

AusCycling has collated and developed a number of COVID-19 resources to ensure cycling activities can be conducted in a safe fashion. More information including templates are now available at <http://auscycling.com.au>

For more information please contact qld.info@auscycling.org.au.

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