



AUSCYCLING

**CONDUCTING CYCLING
ACTIVITIES IN A COVID-19
ENVIRONMENT**

SUPPLEMENTAL QUEENSLAND PLAN

Version 2.0 | 8 January 2021

Introduction

AusCycling is the national sporting organisation ('NSO') for cycling in Australia. AC has developed Guidelines for the *Conduct of Cycling in a COVID-19 Environment* and *Guidelines for the Conduct of Events in a COVID-19 Environment* to assist State Offices, Clubs and Members to conduct cycling activities during the COVID-19 pandemic. The AC Guidelines address key elements within the [Australian Institute of Sport \(AIS\) Framework for Rebooting Sport in a COVID-19 Environment](#) (the AIS Framework) and the [Outdoor Council of Australia Framework for Rebooting Outdoor Activities in a COVID-19 Environment](#) (the OCA Framework), and the National Principles outlined in each.

It is important to note the AusCycling Guidelines have been developed as an overall framework for the conduct of the sport in the COVID-19 environment however they must be used within the specific State and Territory requirements. Some State and Territory Governments require sports organisation or events to have specific local COVID-19 plans addressing specific restrictions.

We note that this is an evolving situation, and each State and Territory will have a different approach and timelines on restrictions which may result in different requirements at various times. Public health policy and Federal, State and Territory Government directives will govern the conduct of any cycling activities.

When assessing your event, it is critical that you understand the status of COVID-19 at a national, regional, and local level.

Specific requirements, resources and direction can be found on the ACT Governments COVID - 19 website: <https://www.covid19.act.gov.au/>

Scope and Purpose

The purpose of the plan is to ensure that Organisations (clubs, coaches, event organisers) of cycling programs provide a COVID safe environment and have up-to-date information on local requirements.

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The non-contact nature of cycling generally allows riders maintain a distance of greater than 1.5m whilst riding to ensure safety and good sightlines. Cycling is generally also an outdoor activity (except in the case of indoor velodromes).

Descriptions of cycling activities referenced in these guidelines include:

- **Recreational Riding and Training:** casual or performance purpose riding organised by individuals or affiliated clubs.
- **Instruction and Coaching:** Cycling activities conducted under the guidance of a coach or instructor to an individual or group to improve performance and skills
- **Events:** Competitive or Recreational cycling events in all disciplines (road, track, mountain bike, cyclo-cross BMX Racing, BMX Freestyle, Para-cycling, ESport)

This supplement has been developed with reference to <https://www.covid19.act.gov.au/>, AusCycling Guidelines to the conduct of Cycling Activities in a COVID-19 Environment and the [Australian Institute of Sport \(AIS\) Framework for Rebooting Sport in a COVID-19 Environment](#), noting that there will be some instances where the ACT's approach differs as noted below.

About Cycling in the Australian Capital Territory

Cycling in ACT is administered by AusCycling State Management. The AusCycling ACT office is responsible for ensuring that the COVID-19 supplemental guidelines for cycling meet the requirements for the ACT and keep them updated. Additionally AusCycling ACT Office has specific COVID Safety Plans.

<https://cycling.org.au/act/covid-19-policy>

ACT Specific Information 8 January 2021

The following information is in addition to AusCycling Guidelines for the Conduct of Cycling in a COVID-19 Environment.

GENERAL PRINCIPLE	RECREATIONAL RIDING AND TRAINING	COACHING AND INSTRUCTION	EVENTS AND COMPETITION
1 person per 4sqm indoor			
Max gathering 500 people			
COVID Safety Plan	COVID Safety Plan	COVID Safety Plan	COVID Safety Plan
Electronic check in / contact tracing			
1 person per 2sqm outdoor			

Communication

Communication of this plan and other AusCycling COVID-19 resources to members and clubs will be done through direct emails and via the AusCycling Website.

More Information and Resources

AusCycling has collated and developed a number of COVID-19 resources to ensure cycling activities can be conducted in a safe fashion. More information including templated are now available at <http://auscycling.com.au>

For more information, please contact the ACT AusCycling State Office via neil.skipper@auscycling.org.au

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