

Cycling Australia

High Performance Network

No Needles Policy

1. Who this Policy applies to

This, Cycling Australia (CA) High Performance Network's (HP) No Needles Policy (this Policy), applies to all *Athletes* and *Athlete Support Personnel* as defined under the World Anti-Doping Code (the *Code*), employees and contractors who participate in CA HP Network funded programs and personnel (ie. CA HP, State Institutes and Academies of Sport: SIS/SAS & State Federation/Development) and *Athletes* and *Athlete Support Personnel* being supported by our network stakeholders under the "Australia's Winning Edge" (AWE) athlete categorisation framework.

2. Purpose and Scope of this Policy

The purpose of this policy is to ensure that no CA staff or other individuals using CA facilities (ie. state, national and international facilities) possess injection equipment or administer injections, other than those individuals authorised to do so.

3. Background

Cycling Australia adopts the Australian Institute of Sport (AIS) No Needles Policy as the Australian Sports Commission (ASC) is a leader in the fight against doping and other unethical behaviour in sport. Some doping and other unethical practices involve the injection of banned substances or inappropriate injections of substances.

By prohibiting the possession of injection equipment by unauthorised persons, this policy will reduce the risk of doping or other unethical behaviour at CA sites.

4. Policy Obligations applicable to ALL individuals

4.1. Any individual with a documented medical condition (e.g. diabetes, anaphylaxis susceptibility) requiring the possession of injection equipment must notify and obtain approval for use by the CA HP Medical Officer.

- 4.2. Individuals must not be in possession of any hypodermic needles or other injection equipment, unless: (a) the individual is a medical practitioner from CA; or (b) the individual's possession has been authorised by the CA HP Medical Officer.
- 4.3. Individuals must not self-inject any substance, unless authorised to do so by a CA medical practitioner or other registered medical practitioner (eg. AIS Department of Sports Medicine) for the treatment of a documented medical condition.
- 4.4. Individuals must not allow any person other than a CA medical practitioner or other registered medical practitioner (eg. AIS Department of Sports Medicine) to administer an injection to them, such injection only to be administered by the medical practitioner for a purpose permitted by this policy.

5. Obligations applicable to medical practitioners

- 5.1. Medical practitioners must take all appropriate steps to ensure that access to injectable materials is restricted to medical practitioners from CA or the AIS Department of Sports Medicine or other registered medical practitioners.
- 5.2. Medical practitioners must not perform any injections, except: (a) where medically required for vaccination purposes; or (b) where medically required for treatment of a documented medical condition; or (c) with the prior approval of the AIS Ethics Committee for research purposes.

6. Obligations applicable to Sport Science/Sports Medicine (SSSM) staff

- 6.1. Members of the sports science/sports medicine staff of any organisation must ensure that injections are not performed as part of a routine supplementation program in their organisation.

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Document History

Policy Version	Issue Date	Description of Change	Effective From
1.0	25 May 2017	Adapted from the AIS No Needles Policy (031115)	1 June 2017