



**AUSCYCLING**

**CONDUCTING CYCLING  
ACTIVITIES IN A COVID-19  
ENVIRONMENT**

SUPPLEMENT WESTERN AUSTRALIA PLAN

Version 1.0 | 1 NOVEMBER 2020

## Introduction

AusCycling is the national sporting organisation ('NSO') for cycling in Australia. AC has developed Guidelines for the Conduct of Cycling in a COVID-19 Environment and Guidelines for the Conduct of Events in a COVID-19 Environment to assist State Offices, Club and Members to conduct cycling activities during the COVID-19 pandemic. The AC Guidelines address key elements within the [Australian Institute of Sport \(AIS\) Framework for Rebooting Sport in a COVID-19 Environment](#) (the AIS Framework) and the [Outdoor Council of Australia Framework for Rebooting Outdoor Activities in a COVID-19 Environment](#) (the OCA Framework), and the National Principles outlined in each.

It is important to note the AusCycling Guidelines have been developed as an overall framework for the conduct of the sport in the COVID-19 environment however they must be used within the specific State and Territory requirements. Some State and Territory Governments require sports organisation or events to have specific local COVID-19 plans addressing specific restrictions.

We note that this is an evolving situation and each State and Territory will have a different approach and timelines on restrictions which may result in different requirements at various times. Ultimately, public health policy and Federal, State and Territory Government directives will govern the conduct of any cycling activities.

When assessing your event it is critical that you understand the current status of COVID-19 at a national, regional and local level.

Specific requirements, resources and direction can be found on the Western Australia Governments COVID - 19 website: <https://www.wa.gov.au/government/covid-19-coronavirus>

# LET'S RIDE TOGETHER

## Scope and Purpose

The purpose of the plan is to ensure Host Organisations (clubs, coaches, event organisers) of cycling program provide a COVID safe environment and have up-to-date information on local requirements.

The non-contact nature of cycling generally allows riders maintain a distance of greater than 1.5m whilst riding to ensure safety and good sightlines. Cycling is generally also an outdoor activity (except in the case of indoor velodromes).

Descriptions of cycling activities referenced in these guidelines include:

- **Recreational Riding and Training:** casual or performance purpose riding organised by individuals or affiliated clubs.
- **Instruction and Coaching:** Cycling activities conducted under the guidance of a coach or instructor to an individual or group to improve performance and skills
- **Events:** Competitive or Recreational cycling events in all disciplines (road, track, mountain bike, cyclo-cross BMX Racing, BMX Freestyle, Para-cycling, ESport)

This supplement has been developed with reference to the AusCycling Guidelines to the conduct of Cycling Activities in a COVID-19 Environment and the [Australian Institute of Sport \(AIS\) Framework for Rebooting Sport in a COVID-19 Environment](#), noting that there will be some instances where the WA's approach differs as noted below.

## About Cycling in the Australian Capital Territory

Cycling in WA is administered by AusCycling state management. The AusCycling office is responsible for ensuring that the COVID-19 supplemental guidelines for cycling meet the requirements for the WA and keep them updated. Additionally the AusCycling Office has specific COVID Safety Plans.

### WA Specific Information 1 November 2020

The following information is additionally specific to the AusCycling Guidelines for the Conduct of Cycling in a COVID-19 Environment.

GENERAL REQUIREMENTS	RECREATIONAL RIDING AND TRAINING	COACHING AND INSTRUCTION	EVENTS AND COMPETITION
<ul style="list-style-type: none"> <li>maintain a strict limit of a minimum of two square metres (2sqm) per person</li> <li>ensure 100 patrons per undivided space with the 2sqm per person rule, up to a maximum of 300 patrons at the venue (referred to as the 100/300 rule)</li> <li>maintain hygiene and frequent cleaning</li> <li>self-complete a COVID Safety Plan prior to re-opening/recommencing activity, and display a COVID Safety Plan Certificate at relevant sporting venues</li> <li>maintain attendance records for the purposes of contact tracing</li> <li>manage ingress and egress to ensure physical distancing</li> </ul>	<ul style="list-style-type: none"> <li>Must meet all requirements of the road rules.</li> </ul>	<ul style="list-style-type: none"> <li>Outdoor venues may have up to 100 patrons per training zone at any one time. Each training zone should allow for 2sqm per person. Notwithstanding there may be separate training zones, there can be no more than 300 patrons in total at any outdoor venue. However, large community sporting facilities that can accommodate more than 300 patrons, while allowing for two square metres per patron, may apply for an exemption.</li> <li>When training or playing sport, you can share equipment provided it is cleaned between each use. Continue to encourage patrons to bring their own equipment.</li> <li>Promote cashless payments. After handling cash, ensure that hands are washed with</li> </ul>	<ul style="list-style-type: none"> <li>Venues that can accommodate more than 300 patrons for sport and recreation purposes, while allowing for two square metres per patron, may be able to apply for an exemption to the 300 patron-limit, through <a href="http://wa.gov.au">wa.gov.au</a>, for a decision by the Chief Health Officer.</li> <li>Promote cashless payments. After handling cash, ensure that hands are washed with soap and water, or a hand sanitiser is used.</li> <li>Each Club must develop a safety plan in consultation with your local Government and display the certificate.</li> <li>COVID Safety signage erected at key locations outlining requirement.</li> <li>COVID Safety Officer/s to be appointed.</li> <li>Canteens are permitted to open</li> </ul>

		<p>soap and water, or a hand sanitiser is used.</p> <ul style="list-style-type: none"> <li>• Each Club must develop a safety plan in consultation with your local Government and display the certificate</li> </ul>	<p>(all volunteers need to have completed the online COVID-19 Hygiene course ((<a href="https://www.wa.gov.au/government/document-collections/covid-19-coronavirus-food-businesses-and-licensed-premises#hospitality-hygiene-training">https://www.wa.gov.au/government/document-collections/covid-19-coronavirus-food-businesses-and-licensed-premises#hospitality-hygiene-training</a>)).</p> <ul style="list-style-type: none"> <li>• Presentations allowed with strict 2 sqm distancing rule applied.</li> </ul>
--	--	---	--

**Communication**

Communication of this plan and other AusCycling COVID-19 resources to members and clubs will be done through direct emails and via the AusCycling Website.

**More Information and Resources**

AusCycling has collated and developed several COVID-19 resources to ensure cycling activities can be conducted in a safe fashion. More information including templates are now available at <http://auscycling.com.au>

For more information please contact AusCycling at [info@auscycling.org.au](mailto:info@auscycling.org.au)

**LET'S RIDE TOGETHER**