



AUSCYCLING

**CONDUCTING CYCLING
ACTIVITIES IN A COVID-19
ENVIRONMENT**

SUPPLEMENT NORTHERN TERRITORY PLAN

Version 1.0 | 1 NOVEMBER 2020

Introduction

AusCycling is the national sporting organisation ('NSO') for cycling in Australia. AC has developed Guidelines for the Conduct of Cycling in a COVID-19 Environment and Guidelines for the Conduct of Events in a COVID-19 Environment to assist State Offices, Club and Members to conduct cycling activities during the COVID-19 pandemic. The AC Guidelines address key elements within the [Australian Institute of Sport \(AIS\) Framework for Rebooting Sport in a COVID-19 Environment](#) (the AIS Framework) and the [Outdoor Council of Australia Framework for Rebooting Outdoor Activities in a COVID-19 Environment](#) (the OCA Framework), and the National Principles outlined in each.

It is important to note the AusCycling Guidelines have been developed as an overall framework for the conduct of the sport in the COVID-19 environment however they must be used within the specific State and Territory requirements. Some State and Territory Governments require sports organisation or events to have specific local COVID-19 plans addressing specific restrictions

We note that this is an evolving situation and each State and Territory will have a different approach and timelines on restrictions which may result in different requirements at various times. Ultimately, public health policy and Federal, State and Territory Government directives will govern the conduct of any cycling activities

When assessing your event it is critical that you understand the current status of COVID-19 at a national, regional and local level.

Specific requirements and resources and direction can be found for the Northern Territory at: <https://coronavirus.nt.gov.au/>

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Scope and Purpose

The purpose of the plan is to ensure Host Organisations (clubs, coaches, event organisers) of cycling program provide a COVID safe environment and have up-to-date information on local requirements.

The non-contact nature of cycling generally allows riders maintain a distance of greater than 1.5m whilst riding to ensure safety and good sightlines. Cycling is generally also an outdoor activity (except in the case of indoor velodromes).

Descriptions of cycling activities referenced in these guidelines include:

- **Recreational Riding and Training:** casual or performance purpose riding organised by individuals or affiliated clubs.
- **Instruction and Coaching:** Cycling activities conducted under the guidance of a coach or instructor to an individual or group to improve performance and skills
- **Events:** Competitive or Recreational cycling events in all disciplines (road, track, mountain bike, cyclo-cross BMX Racing, BMX Freestyle, Para-cycling, ESport)

This supplement has been developed with reference to the Northern Territory, AusCycling Guidelines to the conduct of Cycling Activities in a COVID-19 Environment and the [Australian Institute of Sport \(AIS\) Framework for Rebooting Sport in a COVID-19 Environment](#), noting that there will be some instances where the Northern Territory approach differs as noted below.

About Cycling in Northern Territory

Cycling in the Northern Territory is administered by the AusCycling state management. The AusCycling Northern Territory Office is responsible for ensuring that the COVID-19 supplemental guidelines for cycling

meet the requirements for the Northern Territory and keep them updated. Additionally AusCycling Northern Territory Office has completed a Northern Territory specific COVID Safety Plans, COVID19 Industry Plans or similar.

State Specific Information as at 28 October 2020

The following information is additionally specific to the AusCycling Guidelines for the Conduct of Cycling in a COVID-19 Environment.

GENERAL PRINCIPLE	RECREATIONAL RIDING AND TRAINING	COACHING AND INSTRUCTION	EVENTS AND COMPETITION
<ul style="list-style-type: none"> Wash your hands Keep your distance 3. Download the COVIDSafe App And if you're experiencing cold or flu-like symptoms, stay home and speak to your doctor about getting tested. 	<p>Maintain social distancing, ensure that hygiene is maintained at all times including the availability of hand sanitizer and cleaning products</p>	<p>Maintain social distancing, ensure that hygiene is maintained at all times including the availability of hand sanitizer and cleaning products</p>	<p>Specific information on the conduct of events can be found at:</p> <p>https://coronavirus.nt.gov.au/business-and-work/business/guidelines-for-events-and-gatherings</p>

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Communication

Communication of this plan and other AusCycling COVID-19 resources to members and clubs will be done through direct emails and via the AusCycling Website.

More Information and Resources

AusCycling has collated and developed a number of COVID-19 resources to ensure cycling activities can be conducted in a safe fashion. More information including templated are now available at <http://auscycling.com.au>

For more information please contact Mark Heath-Operations Manager AusCycling NT on mark.heath@auscycling.org.au