



AUSCYCLING

**CONDUCTING CYCLING
ACTIVITIES IN A COVID-19
ENVIRONMENT**

SUPPLEMENT NEW SOUTH WALES PLAN

Version 1.0 | 1 NOVEMBER 2020

Introduction

AusCycling is the national sporting organisation ('NSO') for cycling in Australia. AC has developed Guidelines for the Conduct of Cycling in a COVID-19 Environment and Guidelines for the Conduct of Events in a COVID-19 Environment to assist State Offices, Club and Members to conduct cycling activities during the COVID-19 pandemic. The AC Guidelines address key elements within the [Australian Institute of Sport \(AIS\) Framework for Rebooting Sport in a COVID-19 Environment](#) (the AIS Framework) and the [Outdoor Council of Australia Framework for Rebooting Outdoor Activities in a COVID-19 Environment](#) (the OCA Framework), and the National Principles outlined in each.

It is important to note the AusCycling Guidelines have been developed as an overall framework for the conduct of the sport in the COVID-19 environment however they must be used within the specific State and Territory requirements. Some State and Territory Governments require sports organisation or events to have specific local COVID-19 plans addressing specific restrictions.

We note that this is an evolving situation and each State and Territory will have a different approach and timelines on restrictions which may result in different requirements at various times. Ultimately, public health policy and Federal, State and Territory Government directives will govern the conduct of any cycling activities.

When assessing your event it is critical that you understand the current status of COVID-19 at a national, regional and local level.

Specific requirements, resources and direction can be found on the New South Wales Governments COVID - 19 website: <https://www.nsw.gov.au/covid-19> or <https://www.sport.nsw.gov.au/novel-coronavirus-covid-19>

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Scope and Purpose

The purpose of the plan is to ensure Host Organisations (clubs, coaches, event organisers) of cycling program provide a COVID safe environment and have up-to-date information on local requirements.

The non-contact nature of cycling generally allows riders maintain a distance of greater than 1.5m whilst riding to ensure safety and good sightlines. Cycling is generally also an outdoor activity (except in the case of indoor velodromes).

Descriptions of cycling activities referenced in these guidelines include:

- **Recreational Riding and Training:** casual or performance purpose riding organised by individuals or affiliated clubs.
- **Instruction and Coaching:** Cycling activities conducted under the guidance of a coach or instructor to an individual or group to improve performance and skills
- **Events:** Competitive or Recreational cycling events in all disciplines (road, track, mountain bike, cyclo-cross BMX Racing, BMX Freestyle, Para-cycling, ESport)

This supplement has been developed with reference to the AusCycling Guidelines to the conduct of Cycling Activities in a COVID-19 Environment and the [Australian Institute of Sport \(AIS\) Framework for Rebooting Sport in a COVID-19 Environment](#), noting that there will be some instances where the NSW approach differs as noted below.

About Cycling in the Australian Capital Territory

Cycling in New South Wales is administered by AusCycling. The AusCycling office is responsible for ensuring that the COVID-19 supplemental guidelines for cycling meet the requirements for the NSW and keep them updated. Additionally the AusCycling Office has specific COVID Safety Plans.

NSW Specific Information 1 November 2020

The following information is additionally specific to the AusCycling Guidelines for the Conduct of Cycling in a COVID-19 Environment.

GENERAL REQUIREMENTS	RECREATIONAL RIDING AND TRAINING	COACHING AND INSTRUCTION	EVENTS AND COMPETITION
End of season awards functions for clubs and associations are permitted to take place, in line with the relevant COVID-19 Safety Plan at the venue at which it is being hosted.	Group rides and training sessions are restricted to a maximum of 30 participants (including riders, coaches and spectators) unless the organiser develops and follows a NSW Government COVID-19 Safety Plan, in which case the maximum is 500 participants. Clubs and ride organisers should keep a record of all attendees in case contact tracing is required.	Training sessions are restricted to a maximum of 30 participants (including riders, coaches and spectators) unless the organiser develops and follows a NSW Government COVID-19 Safety Plan, in which case the maximum is 500 participants. The coach must keep a record of all attendees in case contact tracing is required. Overnight training camps should be avoided.	All events require a COVID Safe Plan: https://www.nsw.gov.au/sites/default/files/2020-07/covid-19-safety-plan-community-sporting-competitions_0.pdf The maximum number of participants (including riders, officials, volunteers and spectators) is 500.

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Communication

Communication of this plan and other AusCycling COVID-19 resources to members and clubs will be done through direct emails and via the AusCycling Website.

More Information and Resources

AusCycling has collated and developed several COVID-19 resources to ensure cycling activities can be conducted in a safe fashion. More information including templates are now available at <http://auscycling.com.au>

For more information please contact AusCycling at info@auscycling.org.au