



**AUSCYCLING**

**TECHNICAL REGULATIONS:  
PARA-CYCLING**

Version 1.0 | 1<sup>st</sup> November 2020



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**These Regulations have been developed to ensure safety of all participants and to encourage fair competition.**

**Where any ambiguity or lack of a clear ruling exists the UCI regulations will take precedence.**

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**LET'S RIDE TOGETHER**

## PARA-CYCLING

### 1.00 BASIC RULES

These regulations also include Athletes with an Intellectual Impairment ('AWII') and Deaf athletes.

### 1.01 ELIGIBILITY FOR AUSCYCLING PARA-CYCLING COMPETITIONS

1.01.01 Eligible for AusCycling ('AC') Para-cycling competitions are cyclists who have been classified in accordance with the UCI, Virtus ('AWII') or Deaf Sport Australia requirements.

1.01.02 All athletes, including tandem pilots, must hold a valid AC racing membership.

### 1.02 TANDEM PILOTS

1.02.01 No cyclist registered with a UCI trade team may take part as a tandem pilot.

1.02.02 A tandem pilot who is an ex-UCI trade team member must not have been registered as a trade team cyclist for a period of one calendar year from 1st January after their contract expires.

Note - Such a tandem pilot can earn his living from cycle racing. (e.g.: coach, manager, mechanic, physiotherapist etc., but not as a cyclist).

1.02.03 Men and women cyclists over 18 years of age, may race as tandem pilots, provided they have not been selected by their national federation for any UCI listed events in the previous 12 calendar months or that year. A tandem pilot may only compete with one visually impaired athlete each day of a CA Para-cycling competition.

1.02.04 Each blind or visually impaired (B) athlete is allowed a maximum of one pilot for any AC Para-cycling road only competition. For a AC Para-cycling track only competition, each blind or B athlete is allowed one pilot for sprint events and one pilot for endurance events, being a maximum of two. In practice one pilot shall be for track sprint and 1,000 metres time trial and one pilot shall be for the track pursuit. Where a AC Para-cycling competition has both road and track events, each blind or B athlete is allowed one pilot for sprint events and one pilot for endurance events, being a maximum of two. In practice, one pilot shall be for track sprint and 1,000 metres time trial and one pilot shall be for the road race and road time trial. For the track pursuit, flexibility shall be allowed as to which of the two pilots is used. The use of just one pilot for all events, both track and road, shall be permitted.

1.02.05 A pilot (front rider) should have at least one full year of racing a single bike (AC member) in track, road or criterium races prior to being allowed to race as a pilot for a blind or vision impaired stoker.

### 1.03 CLASSIFICATION

1.03.01 The classification process and definition of categories are as per the [UCI Regulations Part 16 Chapters IV & V](#).

1.03.02 The classification for AWII is per the [VIRTUS Regulations](#).

1.03.03 The Classification for Deaf Athletes is as per the [Deaf Sport Australia Regulations](#).

### 1.04 OTHER CLASSIFICATION CRITERIA

1.04.01 In all questionable classifications, it is essential that the classifier consider the cycle to be used by the athlete and the way it is ridden. In some classifications, it may be necessary to include a proviso on the athlete's classification card that a particular adaptation is permitted, or essential for reasons of safety.

## **1.05 NATIONAL & STATE PARA-CYCLING CHAMPIONSHIPS**

- 1.05.01 In order to be eligible for National Championships, a para-athlete must be aged 17 or above. A rider may ask for an exemption to ride in timed events (time trial and individual pursuit) from AC.
- 1.05.02 In order to be eligible for State Championships, a para-athlete must be aged 14 or above.

## **1.06 ROAD RACES**

- 1.06.01 Para-Cycling road races shall be run in accordance with [UCI Regulations XVI: Para-Cycling Regulation](#).
- 1.06.02 Races must begin with a neutralised rolling start of at least 200 metres to enable all athletes to be safely and underway. It is preferred that the road have a full road closure for the maximum safety of the riders.
- 1.06.03 Road Race Distances shall be in accordance with Annexure 1.
- 1.06.04 Road Race Circuits: Race Circuits shall consider [UCI regulations 16.07.003](#)

## **1.07 INDIVIDUAL TIME TRIALS**

- 1.07.01 For all road time trial races every effort must be made by the organisers to arrange with the local authorities to have traffic managed or closed courses.
- 1.07.02 Road ITT distances shall be in accordance with Annexure 1.

## **1.08 TRACK RACES**

- 1.08.01 Para-Cycling Track events shall be conducted in accordance with [UCI Regulations XVI: Para-Cycling Regulation](#).
- 1.08.02 Time Trials distances and categories shall be run in accordance with Appendix 1.
- 1.08.03 Individual Pursuit distances and categories shall be run in accordance with Appendix 1.
- 1.08.04 Tandem Sprint races shall be for Tandem Men; Women; Mixed – B.
- 1.08.05 Team Sprint (TS) races shall be for: Men Classes: C5; C4; C3; C2; C1 and Women Classes: C5; C4; C3; C2; C1.
- 1.08.06 For all Para-cycling National Championship TS competitions. A team of three must add up to a maximum of 10 points.

During the Team Sprint, no athlete may deliberately go above the stayer (blue) line except for the lead cyclist when relinquishing the lead.

Note: If there are insufficient C category athletes from any one State or Territory to make up one sprint team, then C category athletes from different States can be used to make up one sprint team.

### **1.08.07 Mixed Tandem Team Sprint**

For National Championships teams must be from the same state. If there are insufficient athletes from any one State to make up one sprint team, then Tandem athletes' category athletes from different States can be used to make up one sprint team.

For State Championships teams can be made of from riders from one or more states.

## **1.09 RACE APPAREL**

- 1.09.01 For all disability categories in Para-cycling road races, athletes are required to provide their own helmet in the correct class colour which follows [UCI Para-Cycling Regulation 16.10.002](#)
- Riders using the wrong colour helmet in road races may not be allowed to start and/or may be withdrawn from the race and disqualified.

## 1.10 GUIDELINES FOR MIXED COMPETITION WITH ABLE BODIED AND ATHLETES WITH A DISABILITY

Key to the following chart

Y Yes allowed to ride with able-bodied

N Not allowed to ride with able-bodied

SR Sanction is required for persons to ride with able bodied (this must be done with the appropriate people i.e. PCP, promoter, AC State Office and any of the contacts listed below)

C A Club competition as determined by the State concerned

Category	Description	Time Trial	Sprint	Individual Pursuit	Points	Scratch	Team Sprint	Keirin	Team Pursuit	IRTT*	Criterion	Road/R
B	Tandem	N	N	N	N	N	N	N	N	Y	C	C
C5	Standard bicycle	Y	N	Y	Y	Y	Y	Y	Y	Y	Y	Y
C4	Standard bicycle	Y	N	Y	Y	Y	Y	Y	Y	Y	Y	Y
C3	Standard bicycle	Y	N	Y	SR	SR	Y	SR	SR	Y	Y	Y
C2 & C1	Standard bicycle	Y	N	Y	SR	SR	Y	SR	SR	Y	Y	Y
T1 & T2	Tricycle	N	N	N	N	N	N	N	N	Y	N	N
H1 to H4	Hand Cycle	N	N	N	N	N	N	N	N	Y	N	N
AWII	Athletes with An Intellectual Impairment	Y	Y	Y	N	Y	N	N	N	Y	C	C
AU1 and AU2	Deaf	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y

\* Para-cyclists should be started after ABA's in an IRTT and have a following car if open roads are used.

1.10.01 If a Club affiliated to AC requires or wishes to hold a club event which contains vision impaired and able-bodied riders in the same event they must allocate and register a suitable circuit or course which would be appropriate for mixed racing with single and tandem cycles.

If there is a road or criterium race which is held on a different circuit to those allocated, then the Club involved with that particular race should seek written permission AC, providing a description of the circuit to be used, for tandems to race that circuit.